Friday 11th October 2019

It has been exciting to see West Acton class and pupil names rising on the Sumdog Competition score board this week! We also welcomed parents/carers to Reception for Phonics stay and learn. Thank you to all who have participated.

I am sure that the children have told you about the assembly by Ealing foodbank and have asked you to look in your cupboards for a donation that they can bring in on Monday.

We are looking forward to welcoming you to Parents’ consultation evenings next week – a huge thank you to Mrs Byrne who set up our new online booking system. 65% of appointments were booked within 4 hours!

Miss Kondo

Active Travel Challenge
At West Acton Primary school we always encourage the children to travel to school in a healthy way. Today is the start of the Active Travel Challenge. Children have been given bookmarks and will earn a stamp on them for every day they walk, scoot or cycle to school. If they manage to complete 10 days in a row up until half term they will win a prize! So please encourage your child to walk, scoot or cycle to school.

READ WITH YOUR CHILD EVERY DAY and SIGN THE READING RECORD BOOK
It is very important that you hear your child read every day. Reading is the most valuable skill your child needs. Every child has a new West Acton Reading Record in a zippy bag. This should come to school with your child every day. Please make sure that you are signing the reading record book every week. You may be called by a senior leader if your child’s book isn’t being signed.

HARVEST ASSEMBLY – we are collecting for Ealing Foodbank. Please bring your donations to the hall on Monday morning. Thank you.

Harvest Shopping List
- Cereal & Porridge
- Tinned Meat & Fish
- Tinned Fruit & Vegetables
- Milk – Dried & UHT
- Long Life Fruit Juice & Squash
- Instant Coffee & Drinking Chocolate
- Savoury & Sweet Biscuits
- Tinned Rice Pudding & Custard
- Long Life Sponge Puddings
- Jam & Peanut Butter
- Ketchup & Mayo – small sizes please

SAFEGUARDING PROJECT SURVEY
Please complete the Survey regarding an exciting safeguarding project we will be part of:
https://www.surveymonkey.co.uk/r/parentsyear3
Unacceptable behaviour by adults

Our pupils need the very best role models - I am being increasingly concerned by a number of parents not getting along and having disagreements on our school grounds which I am being asked to resolve or take sides in. This is not acceptable and I am so disappointed to have to write this. Do consider your behaviour in front of your child and especially on school grounds and consider how your actions impact your child.

Thank you to the vast majority of people who always act respectfully.

Tip from our School Counsellor

Is your child feeling anxious about climate change?
Wanting to be more environmentally-friendly is a good thing and we should continue to educate our children on ways that we can all protect our planet. However we are noticing that many children are expressing anxiety and distress because of all that they are hearing and seeing around them. Since they often have quite big imaginations, they can feel very worried about things like waters rising above their homes and images of sea turtles choking on plastic.

How can parents help?
It is helpful to have a frank conversation about the impact of some of our behaviours on the environment. Let them know that they are not alone in having these worries and ask them what they are frightened of. What can often feel most upsetting for children is feeling helpless: empowering them and offering them some perspective will feel reassuring. Explain to them that most issues may have a more immediate impact on polar bears for example, but not directly onto them right away. It is also helpful to do some research together on what you can DO to prevent harming our planet. You may also want to balance the horror stories with some positive news and successes, such as the huge decrease in single-use plastic bags in the past few years.
Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

A Reminder - We are a Healthy School!

The only drink should be water or milk. The school will provide water for packed lunch pupils.

KS2 pupils should only have Fruit or Vegetables as snacks for break time – do not send anything else in for your child.

At home time please do not give your child unhealthy snacks to eat whilst leaving school.

Class Assemblies start after half term:

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>Lime Class</td>
<td>Friday 8th November</td>
</tr>
<tr>
<td>Tamarind Class</td>
<td>Friday 15th November</td>
</tr>
<tr>
<td>Zaytouna Class</td>
<td>Friday 22nd November</td>
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<tr>
<td>Quince Class</td>
<td>Friday 29th November</td>
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Parents/Carers Consultation evenings - info to follow (all year groups) Monday 14th October 3.30pm to 5.30pm  Wednesday 16th October 3.30pm to 7.00pm

No School for pupils INSET day (all year groups) Friday 18th October