



## Subject Overview – Physical Education

### VISION

Here at LCPS we endeavour to support and promote excellence through PE whilst advocating healthy lifestyles and the opportunity for all children to engage in regular competitive sport and activities, therefore developing competency across a broad range of physical activities. LCPS nurtures and encourages all children to realise their personal best and to fulfil their potential in the academic, sporting and performing opportunities provided in and out of school. By promoting PE at LCPS, we aim to develop an enjoyment of PE for all children; enable children to develop physically, cognitively and socially; and develop physical skills, habits and interests that will promote a healthy lifestyle.

### COVERAGE – At a glance

To be used in conjunction with year group medium term plans

Yr Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Dance		Movement		Ball skills with games	
R	Games – moving and handling		Gymnastics		Games – Moving and handling	
1	Gymnastics	Gymnastics	Dance	Dance	Games	Games
2	Gymnastic	Gymnastics	Dance	Dance	Games	Games
3	Gymnastics 3KH Games 3DW	Games 3KH Gymnastics 3DW	Swimming	Swimming Dance	Swimming Athletics	Swimming Outdoor activity
4	Dance 4EG Games 4KB	Dance 4KB Games 4EG	Gymnastics	Athletics	Outdoor activity	Games
5	Games 5JP Dance 5DT	Games 5DT Dance 5JP	Gymnastics	Games	Athletics	Outdoor activity
6	Games- hockey	Games – dodgeball	Gymnastics	Dance	Athletics	Games/outdoor activity