

## Biting Policy

### Why do some children bite?

- Teething – swelling gums can be painful and cause discomfort; this can be relieved by biting or chewing on something
- Exploration – babies and young children explore the world around them using their senses, young children do not always know the difference between gnawing on a toy and biting someone
- Attention – when children are in situations where they feel they are not receiving enough attention biting is a quick way of becoming the centre of attention
- Frustration – children can be frustrated by a number of things, such as; wanting to be independent and do things for themselves and not having the vocabulary to express themselves clearly. This can lead to biting as a way of dealing with this frustration

Your keyworker will work with you, the child and the staff team to discover why your child is biting.

This may have been an isolated incident, but we will always record the incident and try to look at what happened just before the incident.

If the records identifies a possible trigger for the biting incident we will then make changes to reduce or remove the cause.

For example – we may buy duplicates of favourite toys to stop disputes.

We may increase the supervision of a child that is biting so that we can support them to find different ways to express themselves.

We may encourage your child to take part in activities which help release frustration such as play dough or other physical activities.

### What can you do about biting?

We appreciate that if your child has been bitten or has bitten someone, this can be distressing but please speak to staff about any concerns you may have in a calm manner. Please remember that staff cannot give you any information about any other children in the Pre School, and will not disclose who has bitten your child or who your child has bitten.

The key to putting a stop to any challenging behaviour is a partnership approach. Work with the Pre School team and support any behaviour management techniques and use them at home as well as at Pre School.

If a child's reoccurring behaviour is having a negative impact on your child/ren's experience at Pre School, we will work closely with all involved to reduce and eliminate these issues. If all procedures are exhausted then we may have no choice but to re evaluate if the Pre School is able to meet this child's needs.

### What happens if my child is bitten?

- Your child will be comforted and reassured
- The bite wound will then be washed and cleaned with warm soapy water.
- If the wound is bleeding, it will be allowed to bleed and not covered to reduce the risk of further infection
- If the bite has broken or bruised the skin, you will then be contacted by telephone so that you are aware that your child has been bitten
- If the bite has broken the child's skin, under the Health Protection Agency guidelines you will need to seek medical attention. This could be through your GP or an Accident and Emergency department
- When you collect your child there will be an incident form completed with all the information about the biting incident and any treatment given

### Review

The policy will be reviewed yearly, in May, and amendments and changes will be carried out in conjunction with the Pre School staff, through liaison by the Proprietor.