

*Warriors of learning and challenge***ANDERTON PARK NEWSLETTER****Issue No. 6****0121 464 1581****9th October 2019****www.andertonparkschool.org.uk, Twitter: @AndertonPark****World Mental Health Day - Thurs 10th Oct**

Tomorrow is World Mental Health Day. As we know, our mental health is just like our physical health - everybody has it and we need to take care of it. We all need to take care of our mental health and wellbeing whether we have a mental health problem or not. Mental wellbeing describes how you are feeling and how well you can cope with day-to-day life. It can change from moment to moment, day to day, month to month or year to year - this is normal & ok. Below are some websites with some helpful information.

<https://www.mentalhealth.org.uk/>

<https://www.mind.org.uk/get-involved/world-mental-health-day/>

<https://youngminds.org.uk/>

Active Streets

Visit www.theaws.co.uk/activities/active-parks for information on the local Active Parks & Active Streets programmes that are taking place. There are park runs, confidence & self-defence sessions, Tai Chi, Zumba and even the prospect of a street party!

Today's date is a palindrome

A palindrome is a word, phrase, or sequence that reads the same backwards as forwards. Today's date is 9th October 2019 which is the same right to left & left to right - 9102019-9102019.

We are collecting tights

We are collecting tights of any size, any colour (even ones with holes in them!) to send to the Hamlin's Women's Fistula Hospital in Ethiopia. The tights are used to help women after they have given birth. Azra Rasool who delivers English classes for parents is collecting the tights so please bring them in and give them to her. If you would like to know more about the hospital, please visit their website - <https://hamlinfistula.org/>.

Celebration assemblies

Weekly celebration assemblies for Years 1 - 6 take place at 1.45pm on Wednesdays. Y1 & 2 in the Sports Hall, Y3 & 4 in the Small Hall and Y5 & 6 in the Large Hall. Parents are invited to attend. Nursery and Reception will have their assembly this Friday at 11.00am.

Nursery places - is your child due to turn 3...?

If you or anyone you know has a child that is due to turn three years old soon, come and find out about a nursery place for them here at Anderton Park. Speak to the nursery staff or Mrs Bi at the front office.

Young Writers 2019

14 of our Year 2 children have won certificates of merit for an original piece of creative writing that was selected for publication in a Young Writers' Anthology. This is a truly wonderful achievement and we are so proud of them. The children are - 2SH: Dyam, Aneesa, Amelia, Polly & Areeba, 2AL: Latifat, Kashan, Zakariyah, Fardowsa, Hiba & Israa, 2MA: Mya, Aisha & Fatimah. Well done everyone.

Aldi's Kit for Schools - 100 left!

As you know we are taking part in Aldi's 'Kit for Schools' where we could win £20,000 to go towards health & wellbeing of pupils at Anderton Park. You have all done amazingly well and only have 100 stickers left to collect. It would be so amazing to collect them all so we are having one final push & asking everyone to collect any last stickers they can!

Want to hire our Sports Hall?

Our Sports Hall is available to hire from 3.30 - 6.00pm, on weekdays. It can only be used for sports or arts purposes. So if you know any aerobics, Zumba or karate teachers, who are looking for a space, please let them know about our Sports Hall. It may be possible to let the hall later in the evening. Please contact school if you are interested. The rates are as follows - £20 per hour, £50 per session (am or pm) or £100 all day. See our website for further details - <https://www.andertonparkschool.org/school/job-vacancies-hall-hire>

Term Dates 2019 - 2020

Friday 25 th October	Break up for half term
Monday 4 th November	Back to school
Friday 20 th December	Break up for Christmas holidays
Monday 6 th January 2020	INSET Day (school closed for children)
Tuesday 7 th January	Children back to school
Friday 14 th February	Break up for half term
Monday 24 th February	Children back to school
Friday 3 rd April	Break up for Easter holidays
Monday 20 th April	Back to school
Friday 22 nd May	Break up for half term
Monday 1 st June	Back to school
Friday 19 th June	INSET Day (school closed for children)
Friday 17 th July	Break up for summer holidays
Monday 20 th July	INSET Day (school closed for all)