

Smoothie Bike Workshop

Diamond Wood Community Academy – Year 2 – 9th October 2019

All **fairandfunky workshops** encourage participants to look at the world around them and empower people of all ages with the knowledge that their actions can have a positive impact on the world around them; both locally and globally.

Thanks to our partnership with **Stafflex** we were able to deliver a special **smoothie bike workshop** to share some of the ways in which we can all take little steps to change the world.

Using a smoothie bike to connect **sustainability** issues together the students explore where food is from, discover the importance of Fairtrade for farmers and make a bird feeder from the old juice cartons to kickstart conversations about what we do with our waste; all whilst making a delicious Fairtrade banana smoothie!

Through insightful questioning the children began to think about how **we are all connected**; people and planet. The things we use, and eat everyday are made by somebody somewhere. The Year 2 children shared their responses to encourage each other to make ethical choices to go green in our daily lives and take little steps to change the world.



The smoothie bike uses **pedal power** to create delicious healthy smoothies – no electricity, so no pollution! Using the bike is good for our planet and good for us too. To make the smoothies we used **Fairtrade** bananas – when you buy Fairtrade you know the farmers are paid a fair price for the work they do. So, making the smoothies is good for people and planet!

And juice is added to the smoothies – what do you do with the empty juice carton? When you throw something away – stop, and think – can this be **recycled**? Can this be reused? Many things we throw away can actually be re-used and made into something new: **“Don’t throw it away..... make something!”** So each student created a bird feeder from an old juice carton, to take home, and spread the message to **RE-think, RE-duce, RE-cycle**.



Congratulations to all children from Diamond



Wood Community Academy for taking your own little steps to change the world in a fairandfunky workshop!

“A fun, informative and enjoyable session, children were really engaged and it

www.fairandfunky.com | on recycling and Fairtrade.” Teacher feedback.