

PRIMARY MENU - Ampertaine PS

**school
food**

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	Monday	Tuesday	Wednesday	Thursday	Friday
Week One W/C: 28.10.19	Pork Pieces In Gravy Garden Peas, Mashed Potatoes & Gravy Or BBQ Chicken Panini, Salad & Coleslaw Sponge topped with Fruit & Custard	Hot Dog £1.20 Pre order on Monday	School closed	School closed	School closed
Week Two W/C: 04.11.19	School Closed	Steak Burger in Bap, Salad, Or Salmon Fish Cake Coleslaw & Spiced Cubed Potatoes Yoghurt & Pineapple	Chicken Curry with Boiled Rice, Garden Peas & Naan Bread Or Filled Baked Potato (Cheese/Tuna&Sweetcorn) & Side Salad Fruit Jelly & Ice-cream	Roast Chicken, Stuffing, Cabbage, Diced Carrots, Mashed & Oven Baked Dry Roast Potatoes & Gravy Fresh Fruit & Yoghurt	Fish Fingers & Beans Or Cheese Pizza Salad, Chips Or Mash Potato Fresh Fruit Or Yoghurt
Week Three W/C: 11.11.19	Savoury Mince, Mash Potatoes Carrots Or Chilli Chicken Pasta, Topped With Cheese Sweetcorn, Crusty Bread Apple Sponge & Custard	Fish Fingers Sweetcorn & Mashed Potatoes Gravy Or Steak pieces In Gravy Carrots Mash Potatoes Biscuit Fresh Fruit & Yoghurt	Chicken Curry with Boiled Rice, Carrot Sticks & Naan Bread Or Hot Filled BBQ Chicken Baguette Salad & Coleslaw Chocolate Cookie, Milk & Yellow Melon	Roast Turkey, Stuffing, Carrot & Parsnip, Mashed & Oven Baked Dry Roast Potatoes & Gravy Milk Pudding & Fruit	Sausages, Beans, Chips Mash Potatoes Or Lasagne, Sweetcorn & Tossed Salad/Chips Fresh Fruit Or Yoghurt
Week Four W/C: 18.11.19	Fish Fingers, Mushy Peas & Mashed Potatoes Gravy Or Spicy Chicken Tacos & Salad Fresh Fruit & Yoghurt	Pasta Bolognaise Or Steak Burger in Bap, Salad Coleslaw, Diced Potatoes Fresh Fruit & Yoghurt	Chicken Curry with Boiled Rice, Baton Carrots & Naan Bread Or Sweet Chilli Chicken Noodles with Stir-fry Vegetables & Naan Bread Fruit Sponge & Custard	Roast Beef, Baton Carrots, Cauliflower, Mashed & Oven Baked Dry Roast Potatoes & Gravy Shortbread Biscuit & Frozen Yoghurt	Hot Chilli Chicken Wrap Or Cheese Pizza Tossed Salad, Beans Coleslaw, Chips/Mash Potato Fresh Fruit Or Yoghurt

**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

**If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance**



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