

Thursday 17th October 2019

Another term has flown by! Thank you to those of you who attended the parent/carer consultation meetings this week and to the teachers and staff who made them so productive! I hope that you will enjoy the opportunity to support your child with their learning using the spelling and study books which we gave out to you.

Our Harvest assembly by Father Timothy from St. Gabriel's was both amusing and informative for the pupils – please do ask them to explain:

Harvest Fragile and Parsnip

to you! Thank you so much for the generous donations for Ealing Foodbank.

On Thursday our Governors were in school talking to pupils and teachers – they really enjoyed seeing the pupils' work and looking at how we are working on our school priorities this year. In the Full Governing Board meeting that followed we welcomed two new co-opted governors to the board – Mel Rosenblatt and William Rollason.

Hoping that you all have a lovely half term break.

Miss Kondo

RSE Working party meeting – Tuesday 5th November at 9.00am - 2 parent/carers welcome

The Department for Education has announced changes to relationships and sex education (RSE).

These changes will come into effect from September 2020 and all schools will be required to comply with the updated requirements.

This means that we'll be reviewing our RSE curriculum and policy so we can be sure our RSE provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and disabilities

We would like your feedback to help us do this.

Here's how you can help:

We are holding a working party on Tuesday 5th November at 9.00am. If you'd like to participate, please email admin@west-acton.ealing.sch.uk or leave your details in the school office, by 1st November. The meeting should take about one hour. The focus group will include teachers, senior leaders, a governor and Claire Meade, Health Improvement Officer from the Local authority. We can have up to 2 parents/carers – should we have more people who want to participate we will draw 2 names from a hat. This is just an initial meeting and ALL parents/carers will be kept up to date via newsletters etc.

HAPPY DIWALI to West Acton Families celebrating this half term.



Remember clocks change on Saturday 26th October. Here are some tips :

<https://www.bbc.co.uk/cbeebies/grownups/five-ways-to-survive-the-clocks-change>



THIS WEEK'S TIP FROM OUR SCHOOL COUNSELLOR

Autumn rituals to nurture family connection

Returning to the school year rhythm and adjusting to a new pace and schedule after the summer can be difficult- both for children and for adults. Your days can quickly feel very busy and they go by too fast. It is so easy then to lose moments of true connection and presence with your family.

How can parents help?

Creating family traditions can help to nurture connection and fun at home- and a cosy feeling! Here are some ideas to inspire you- the key is to keep it simple and fun:

- Go outside and pick up lots of different coloured leaves- you can make all sorts of crafts and collages with them! How about creating cards for each other?
- If you celebrate Halloween, take some time every few days to work on making their very own costume together.
- Split the family into two teams and see who can make the biggest pile of leaves- then combine them and jump in!
- Go for a nice walk together in a nearby park. Bring some paper and pencils and draw the trees in all their colours. Maybe you could even make a large joint family drawing?
- Autumn is a great time for baking together using seasonal ingredients such as apples.
- Keep a Family Gratitude Journal. At the end of each week, ask everyone to write down what about your family life you were grateful for and read it at the end of the month. See if you can keep it going throughout the year!

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

Music and French Teachers

Mr Hammond, who worked at West Acton via an agency will not be returning this term. We are looking to strengthen our Music provision for the Spring and hope to recruit an in house teacher. For Autumn 2 the agency will continue to send a teacher who will also take the after school clubs on Monday and Wednesday. The agency who sends our French teacher is also replacing Madame Ortiz this term. A big thank you to Mr Gallagher who supports the agency staff to ensure these lessons run smoothly.

PTA FIREWORKS NIGHT is nearly here –

Thursday 7th November

Tickets will be on sale before and after school Mon 4th to Thur 7th, and on the gate. They are cheaper in advance than on the gate- £10 family of 4, £3 individual ticket in advance, £15 and £5 on the gate. Children 3 and under are free. Cash only please.



Please join your child:

Before school for Exercise with Mr Miller

Tuesday

Wednesday

Friday

From 8.30am to 8.45am in the Jubilee Hall

Or after school in the library with Mrs Young

Wednesday

Thursday

Friday

3.30pm to 4.00pm

CLASS ASSEMBLIES start next term

At 9.00am in the Jubilee Hall

Lime Class	Friday 8 th November
Tamarind Class	Friday 15 th November
Zaytouna Class	Friday 22 nd November
Quince Class	Friday 29 th November