



"Praying together,
Learning for life,
Caring for all"

Statements to live by...

These Statements help the children, and all of us adults too, to think about who we are, what we believe and what we hope to become. We hope that together we will nurture a sense of what it is to be fully human and alive as children and adults sharing in our Christian Catholic community and in our wider community – locally, nationally and globally.

There are 36 Statements to Live By and all are linked to our Religious Education programme and the Catholic life of the school. Each statement in its own right, is relevant no matter what our religious beliefs.

Each Statement is celebrated at assembly and during Collective Worship and indeed at any relevant point during the day. These statements underpin the way we deliver our PSHE curriculum and help us explore how we live out our Mission Statement in all that we do.

Each week we focus on a different statement or when it is particularly relevant in our teaching. The statements are as follow:-

- appreciate and value each other and know that we are all different and all special because of our differences
- know the difference between right and wrong
- learn how to help ourselves and each other when someone is in trouble
- appreciate the beauty and the wonder of the world around us



Statements to live by.... 1-4

“Understand their uniqueness as made in the image of God and develop self-awareness, positive self-esteem and confidence”

- We are all special - our family is special – what makes our family special?

- I can say one good thing about myself

- I can say how I feel

-I can laugh and have fun





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Statements to live by....5-8

"Know, appreciate and understand the importance of social justice and develop independence, interdependence and responsibility"

- I know what to do if I see anyone being hurt
- I understand that rights match responsibility
- I try to stand up for myself and others without hurting others
- I try to be just and fair



Statements to live by....9-12

"Grow towards human wholeness and develop a healthy life style in the body, mind and spirit and understand the connection between knowledge and living"

- I can tell how I look after myself
- I think before I make choices that affect my health
- I can work, rest and pray each day
- Simple things make us happy



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Statements to live by.... 13-16

'Experience a sense of belonging within a range of communities, including the local Eucharistic Community, and play an active role as members of society'

- I try to love others as I love myself
- I try to follow our school and classroom rules
- I know I belong in a community that includes my school
- I know we are happiest when we are united



Statements to live by.... 17-20

"To know that everything has the capacity to reveal God's presence and in the light of this develop effective and satisfying relationships"

- I listen to what you say. I show that I am listening to you
- I co-operate with others in work and play
- I try to use words that make the world a better place
- I try to appreciate the beauty and wonder in the world around me



MILLE ANNE CHRISTI
DIOCESE OF
PARRAMATTA



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Statements to live by.... 21-24

"Know that limitations are also opportunities for growth and make the most of our abilities"

- I know that it is OK for me to make mistakes
- I can learn from my mistakes and failures
- I try to keep going when things are difficult and not give up hope
- I know what humility means



Statements to live by.... 25-28

"Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe"

- I know when to ask for help and who to ask for help
- I can recognise comfortable and uncomfortable feelings
- I know how to help others when they are in trouble
- I understand what trust means





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Statements to live by....29-32

"Experience a reconciling community"

- I try to forgive people when they hurt me
- I try to accept forgiveness from others
- I know how to show I am sorry
- I understand the importance of peace



Statements to live by.... 32-36

"Acknowledge the unique giftedness of each individual as made in the image and likeness of God and learn to respect the differences between people"

- I know what human dignity means and I show that I respect others
- I stand up for people who are being treated unfairly
- I notice that we are the same and we are different
- I try to be accepting of others



INIL ANE CRISTO
DIOCESE OF
PARRAMATTA