



Walsall Catering Service Rushall Winter Menu November-April 2020

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Oven Baked Sausage	Love Joes Chicken Wrap	Cheese & Ham Pizza	Roast Beef Yorkshire Pudding	Oven Baked Fish V
Menu B	Oven Baked Quorn Sausage	Quorn Wrap V	Tomato & Mozzarella Pizza V	Quorn Roast	Quorn Nuggets V
Menu C	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw
Starch	Creamed Potatoes	Savoury Rice**	Herbie Diced Potatoes	Roast Potatoes Creamed Potatoes	Oven Baked Chips
Seasonal Vegetables	Peas & Sweetcorn	Seasonal Mixed Salad	Baked Beans	Cauliflower & Broccoli	Baked Beans
Accompaniments	Gravy			Gravy	
Desserts	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Apple Muffin* & Custard Yoghurt Cheese & Biscuits	Fresh Fruit Salad Flapjack with Fruit Slices & Custard Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Fruit Cobbler* & Custard Yoghurt Cheese & Biscuits
	Plus: Freshly Prepared Salad, Bread Basket Daily				
Drinks	Water is Available Daily				

W/C 04/11/19 W/C 25/11/19 W/C 16/12/19 W/C 20/01/20 W/C 10/02/20 W/C 09/03/20 W/C 30/03/20



Walsall Council

* Fruit
** Wholegrain
*** Oily Fish
V Vegetarian





Walsall Catering Service Rushall Winter Menu November-April 2020

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	All Day Breakfast	Love Joes Chicken Wrap	Cheese & Ham Pizza	Chicken Fillet & Stuffing	Oven Baked Battered Fish
Menu B	All Day Breakfast V	Quorn Wrap V	Tomato & Mixed Pepper Pizza V	Quorn Fillet	Salmon Fish Fingers***
Menu C	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw
Starch	Warm Crusty Bread	Savoury Rice**	Herbie Diced Potatoes	Roast Potatoes Creamed Potatoes	Oven Baked Chips
Seasonal Vegetables	Baked Beans	Seasonal Mixed Salad	Baked Beans	Broccoli & Sweetcorn	Baked Beans
Accompaniments	Tomato Ketchup			Gravy	
Desserts	Fresh Fruit Salad Fruit Topped Waffle* Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Oaty Fruit Crunch* & Custard Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Shortcake & Fruit Slices* Yoghurt Cheese & Biscuits
Plus: Freshly Prepared Salad, Bread Basket Daily					
Drinks	Water is Available Daily				

W/C 11/11/19 W/C 02/12/19 W/C 06/01/20 W/C 27/01/20 W/C 24/02/20 W/C 16/03/20



Walsall Council

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Walsall Catering Service Rushall Winter Menu November-April 2020

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Aberdeen Angus Beef Burger & Bun	Love Joes Chicken Wrap	Chicken & Sweetcorn Pizza	Roast Turkey & Stuffing	Oven Baked Battered Fish
Menu B	Quorn Burger & Bun	Quorn Wrap V	Cheese & Tomato Pizza	Quorn Roast	Vegetarian Sausage Roll
Menu C	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw	Jacket Potato & Filling Cheese, Tuna, Coleslaw
Starch	Jacket Wedges	Savoury Rice**	Herbie Diced Potatoes	Roast Potatoes Creamed Potatoes	Oven Baked Chips
Seasonal Vegetables	Seasonal Mixed Salad	Carrot & Cucumber Sticks	Baked Beans	Cauliflower & Broccoli	Baked Beans
Accompaniments	Tomato ketchup			Gravy	
Desserts	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Steamed Sponge & Custard Yoghurt Cheese & Biscuits	Fresh Fruit Salad Oaty Apple Crumble* & Custard Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Apple & Banana Cake * & Custard Yoghurt Cheese & Biscuits
	Plus: Freshly Prepared Salad, Bread Basket Daily				
Drinks	Water is Available Daily				

W/C 18/11/19 W/C 09/12/19 W/C 13/01/20 W/C 03/02/20 W/C 02/03/20 W/C 23/03/20



Walsall Council

* Fruit
** Wholegrain
*** Oily Fish
V Vegetarian

