

School Newsletter Autumn 2019 No. 8

15th November 2019 — Week 3 Lunch Menu

Next Week:

18.11.19 9.am Celebration Assembly-Invited parents welcome
 19.11.19 3:15pm Carpet Bowls club starts
 20.11.19 **CANCELLED** -Year 6 Swimming
 22.11.19 Year 6 Class Assembly
 22.11.19 Year 3 Payment for Colchester Zoo trip due

Birthday greetings go to:



All of our pupils who have celebrated their birth-days this week.

Happy Birthday to you all.

Early Years Places for September 2020

It doesn't seem long since we were welcoming our new friends and parents in Reception, but as you may be aware, the primary school (Reception) admission opens on **11 November 2019**, for parents of children to apply for a Reception school place for the academic year that starts in September **2020**. The closing date for applications is **15 January 2020**.

Applications can be made online via www.essex.gov.uk/admissions.



Roach Vale Facebook Page



It is wonderful that so many of our parents communicate on the Roach Vale Facebook Page which has been set up by one of our parents to support our school community. This page enables parents to keep each other updated about school events, share relevant information and anything that may be of interest. Please make sure that the Roach Vale Facebook page is full of helpful and school promoting comments and discussions which support the children's learning and school experiences. The creator of the page has requested that if parents have any problems they take them up directly with the school. Thank you everyone.

Sun Book Vouchers

Please help us! This year one of our school priorities is to improve the provision of reading books for all children at Roach Vale. We have held a number of events to raise money to buy books for our school library and the children have loved the new books we have already bought. This is an ongoing task for the school so it is brilliant when we are able to make the most of any other opportunities to boost the quality and range of books for our children.



It is exciting to hear that The Sun newspaper have launched "Books for schools". They have teamed up with children's publisher Harper Collins to give away free books for schools and by collecting daily tokens we can collect free books for our pupils and our school.

So if you buy,, read or see a copy of The Sun, please start collecting your tokens. They will printed daily from Saturday, November 23 2019 – Saturday, January 18 2020.

Thank you

Zones of Regulation Assemblies

The whole school enjoyed learning the language of 'Zones of Regulation' last week. The children have learnt about how to identify their emotions and more importantly how to self-regulate. They were excited to share their learning about the zones with you all in short presentations this week. Some classes shared photos, books and artwork linked to each of the different colour zones. If you were unable to attend one of these presentations or just want to find out more there is a short video that is worth a watch on this website: <https://msprincipe.com/zones/zones-parents/>

How do I feel?

			
			
Sick/Unwell Sad/Upset Tired/Sleepy Bored Disappointed Down in the Dumps	Happy/Cheerful Calm Good to Go Focused Ready to Learn Just right	Frustrated Worried Silly Anxious Excited Embarrassed	Mad/Angry Wash Loss Control Need Time and Space Lost my Cool Screaming

I can, You can, We can... Achieve.