

# PRIMARY MENU - Ampertaine PS

**school  
food**

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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 25.11.19 - 29.11.19	Pork Pieces In Gravy Garden Peas, Mashed Potatoes & Gravy <b>Or</b> BBQ Chicken Panini, Salad & Coleslaw Sponge topped with Fruit & Custard	Fish Fingers <b>Or</b> Chicken Stew, Mash Potatoes Broccoli, Sweetcorn Gravy  Fresh Fruit & Yoghurt	Chicken Curry with Boiled Rice, Naan Bread & Carrot Sticks <b>Or</b> Cottage Pie, Cabbage, Carrots & Gravy Chocolate Brownie with Water Melon	Roast Chicken Stuffing, Baton Carrots Broccoli, Mashed & Oven Baked Dry Roast Potatoes & Gravy  Fresh Fruit & Ice Cream	Chicken Bites Salad, Coleslaw, Chips, Beans, Mash Potato <b>Or</b> Pasta (chilli/chicken & pasta) topped with cheese  Fresh Fruit & Yoghurt
<b>Week Two</b> 02.12.19 - 06.12.19	Pasta Bolognese, Carrot Batons & Crusty Bread <b>Or</b> Chicken Goujon Wrap & Tossed Salad  Yoghurt & Pineapple	Steak Burger in Bap, Salad, <b>Or</b> Salmon Fish Cake Coleslaw & Spiced Cubed Potatoes  Chocolate & Pear Sponge & Custard	Chicken Curry with Boiled Rice, Garden Peas & Naan Bread <b>Or</b> Filled Baked Potato (Cheese/Tuna&Sweetcorn) & Side Salad Fruit Jelly & Ice-cream	Roast Turkey, Stuffing, Carrot & Peas Cocktail Sausages Oven Baked Dry Roast Mashed Potato Gravy Jelly & Ice Cream <b>Christmas Dinner</b>	Fish Fingers & Beans <b>Or</b> Cheese Pizza Salad, Chips Or Mash Potato  Fresh Fruit Or Yoghurt
<b>Week Three</b> 09.12.19 - 13.12.19	1/2 Hot Filled BBQ Chicken Baguette Salad & Coleslaw Herb Dice  Chocolate Cookie, Milk & Yellow Melon	Savoury Mince Mash Potatoes Carrots  Fresh Fruit & Yoghurt	Fish Fingers Mash Potatoes Sweetcorn Gravy  Fresh Fruit & Yoghurt	<b>SCHOOL CLOSED DUE TO ELECTION</b>	Sausages, Beans, Chips Mash Potatoes  Fresh Fruit Or Yoghurt
<b>Week Four</b> 16.12.19 - 20.12.19	Fish Fingers, Mushy Peas & Mashed Potatoes Gravy <b>Or</b> Spicy Chicken Tacos & Salad  Fresh Fruit & Yoghurt	Steak Burger in Bap, Salad Coleslaw, Diced Potatoes  Fresh Fruit & Yoghurt	Cheese Pizza Beans/Peas Mash Potatoes Gravy  Chocolate Cake & Custard	Roast Beef, Baton Carrots, Cauliflower, Mashed & Oven Baked Dry Roast Potatoes & Gravy  Shortbread Biscuit & Frozen Yoghurt	

**Bread, salad, fruit,  
yoghurt, milk and  
water  
are available daily.**

If you require any  
additional information  
on allergens or  
special diet please  
contact the school in  
the first instance



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