



HEADTEACHER'S AWARDS

Headteacher's Treat

This week Mrs Ellis was joined by...
 Class 1 - Kohan
 Class 2 - Eagan
 Class 3 - Kian H

Attendance

Whole School	96.9%
Class One	96.5%
Class Two	97.1%
Class Three	96.9%

Total minutes lost this week due to pupils arriving late = 60

DIARY DATES

11/02/20	SAFER INTERNET DAY
17 to 21/02/20	HALF TERM BREAK
25/02/20	PANCAKE RACE
05/03/20	WORLD BOOK DAY
06/03/20	NO CELEBRATION WORSHIP
18/03/20	PARENTS' EVENING (ALL CLASSES)
20/03/20	MOTHERS' DAY SERVICE 2:15PM AT CHURCH
03/04/20	SCHOOL CLOSURES FOR EASTER BREAK
20/04/20	SCHOOL OPENS FOR SUMMER TERM
07/05/20	SCHOOL CLOSED TO PUPILS - USED AS POLLING STATION FOR POLICE & CRIME COMMISSIONER ELECTION
08/05/20	MAY DAY BANK HOLIDAY
25 to 29/05/20	HALF TERM BREAK
10/07/20	SUMMER TERM ENDS

Liam; Stanley; Hackett; Albie; Alice

Red Star



Rhys

Bronze Star



Megan D

Silver Star



Gold Star



Bronze Cup

Silver Cup

Gold Cup



Bronze Medal



"Enthusiasm is common. Endurance is rare."

Angela Duckworth

We are looking forward to taking part in children's mental health week next week. The children will be exploring this year's theme of 'find your brave' in a special worship and will be completing activities and lessons in an age appropriate way in their classes. Each day the children will also be taking part in a daily short yoga session as a way of supporting their mental and physical wellbeing. The evidence based benefits of yoga are:

- lower stress levels
- better sleep
- increased general wellbeing
- social cohesion

We will be sharing some of the children's work on our twitter feed. If you do not have twitter then please have a look at our new website as it shows our twitter feed on the home page.

We have been busy behind the scenes finalising some building and grounds improvements planned to take place over half term. During the half term closure we are having internal building works to turn the current library into my office and my current office into a library with intervention and workspace, without the distractions of being in the corridor. The pavilion on the field is being demolished and removed and we are having trees at the front and back of school cut back and one removed to help increase the light into Class 2. The local authority are also starting work in early March to rotovate, level and reseed the entire field to make it safe to use. It will not be Wembley pitch standard but it is going to be much better than it has for a long time, however it is going to look a lot worse before it gets better. The aim is to have it ready for use during the summer term.

Have a good weekend,

Mrs Ellis

AFTER SCHOOL CLUBS NEXT HALF TERM...

Monday	CHESS CLUB CANCELLED THIS WEEK (3 FEB)
Tuesday	ART CLUB (LIMITED SPACES)
Wednesday	3:15-4:15 GYMNASTICS /DANCE
Thursday	3:15-4:15 FENCING CLUB (SH ACTIVE) 3:15-4:15 TIMES TABLES ROCK STARS
Friday	

School email addresses: office@st-hardulphs.leics.sch.uk
 head@st-hardulphs.leics.sch.uk

Reminders

Chess Club - 3rd February

Unfortunately we need to cancel Chess after school club on Monday 3rd February as all teaching staff are taking part in writing moderation with our local cluster of schools. It is important for staff to work with colleagues in the same year groups and to moderate assessment judgements of our children's work.

PE Lessons

Please check that your child has the correct PE kit in school for their lessons. **Children must have a white t-shirt and black shorts** as well as a tracksuit or similar for outdoor PE. As this half term is gymnastics and Dance (Class 1 have Multi-skills instead of dance) the children need to have their t-shirt and shorts in school. A significant number of children are not wearing, or do not have the correct kit in school. We thank you for your support with this.



Nut Allergy

We have been informed that a child in our school has been diagnosed with a nut allergy. We take the safety of all of our children very seriously and ask for your support in ensuring that you are not sending your child to school with items containing nuts that may cause a reaction. For example specific nut cereal bars, peanut butter, Nutella or other chocolate spreads on sandwiches / in dipper packs or chocolate bars with nuts in e.g. treat size snickers etc. We also ask you to bear in mind any treats that you send into school for your child's birthday e.g. Celebrations chocolates that contain mini Snickers etc. and remove these first. Items that state 'may contain nuts' or 'contains nut traces' are allowed. Any questions please contact school.

PLEASE



**NO PEANUTS
OR
NUT PRODUCTS**

Garden Tools

If anyone has any old garden tools that they no longer use, but are still in useable condition and would be safe for some of our children to use, please consider donating them to school. We especially need spades and forks.



Diarrhoea and vomiting in children

There's no specific cure for stomach bugs such as **Norovirus**. See tips to reduce the spread and treat symptoms

Keep kids home from school for



after symptoms have passed. This is enough time to let the virus run its course

If your child already has a serious illness, or symptoms last longer than a few days, contact your GP to seek advice

Visit [nhs.uk/norovirus](https://www.nhs.uk/norovirus)



25 different strains of Norovirus are known to affect humans.

They're the most common cause of stomach bugs in the UK

Home Treatment



Paracetamol is useful for fever or aches and pains



Give kids plenty of water to stay hydrated and replace lost fluids



If your child feels like eating, give them bland foods

FIND YOUR BRAVE

#ChildrensMentalHealthWeek



www.childrensmentalhealthweek.org.uk

DEAR PARENTS AND CARERS,

3-9 FEBRUARY 2020 IS CHILDREN'S MENTAL HEALTH WEEK

The week is run by children's mental health charity **Place2Be** to focus on the importance of children and young people's mental health. This year's theme is **FIND YOUR BRAVE**.

WHAT'S IT ALL ABOUT?

Bravery comes in all shapes and sizes and is different for everyone. Bravery can be about sharing worries and asking for help, trying something new or pushing yourself outside your comfort zone. **FINDING YOUR BRAVE** can build your confidence, self-esteem and make you feel good about yourself.

Life often throws challenges our way. Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself.

We all have times when we need to **FIND OUR BRAVE**.

WHAT CAN YOU DO?

Here are a few simple ways you can encourage your child to **FIND THEIR BRAVE**.

1. **Remind your child that bravery comes in many forms and everyone is different.** What's brave for them might not feel brave to someone else.
2. **Chat with your child about a time when you've had to FIND YOUR BRAVE.** It might have been something big or small.
3. **Praise your child when they FIND THEIR BRAVE.** Maybe they've kept going at learning a new skill or tried something outside of their comfort zone which boosted their confidence.
4. **Point out examples of bravery in books and films** to your child and talk about how trying out different ways of being brave will help them feel good.
5. **Reassure your child that not feeling brave is OK too** and that there are times when it might be more difficult to be brave.

At children's mental health charity Place2Be we want all children to think about how they look after their minds.

Let your child know that if they are not sure about something, they should talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice on our website www.place2be.org.uk/contacts