



# Mountnorris Primary School

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**Principal:**

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Dear Parent / Guardian,

Many of you will be feeling anxious regarding the recent cases of Coronavirus in Northern Ireland. As a school we will be taking all precautions and advice needed to deal with this developing situation.

In light of this, it is important that we all play our part in ensuring good personal hygiene.

To support us, here are some steps which the NHS website directs you to take:

- 1) If you are going on any holidays, please keep up to date with advice from the Public Health Agency and the Foreign Office upon your return.
- 2) Make sure children have **disposable** tissues in their pockets to catch coughs and sneezes.
- 3) Dispose of tissues immediately after use and wash your hands.
- 4) Encourage your child to cover their mouth when coughing or sneezing.
- 5) Teach your child to wash their hands correctly; this should be using soap, water and for approximately 20 seconds.
- 6) As with any cold, flu or virus, if your child is feeling unwell or developing symptoms, please do not send them to school. If your child is displaying symptoms, please contact your GP.
- 7) Encourage your child to keep their hands away from their nose and mouth, in as far as is possible.

The NHS website lists the following as symptoms of Coronavirus:

- a cough
- a high temperature
- shortness of breath

These symptoms do not necessarily mean you have the illness. The symptoms are similar to other illnesses that are much more common, such as cold and flu.

Thank you for your help with this.

Regards,

Mr Andrew Frizzell

*School App: Download 'School Jotter' and select 'Mountnorris Primary School'*

