How to be a friend

Here are some positive things friends do for each other to keep their friendship strong.

- **Empathise.** Put yourself in your friend’s situation to understand what they’re going through.

- **Support.** You can show your support for your friends by just listening when they want to share.

- **Compliment.** Everyone likes to receive a compliment. Compliment your friend on a new hairstyle, a great score on a test, a smooth football move. Be specific and keep it simple. Choose the right moment to give the compliment.

- **Respect privacy.** Sharing secrets is a fun part of a friendship. It’s hard to regain your friend’s trust if you tell secrets you weren’t supposed to share.

- **Encourage.** Use encouraging statements like, “You can do it”.

When you wonder if you are being a good friend, ask yourself this question:

*Am I treating my friend like I want my friend to treat me?*
Friendship skills

Vocabulary practice

Can you choose the right word to match the definitions? You can check how you have done by using a dictionary.

Top tip – choose the easy ones first!

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1. ____________________  to say you’re sorry for something you said or did
2. ____________________  private or secret
3. ____________________  to have a different opinion from someone
4. ____________________  to say something nice about someone
5. ____________________  information that’s not meant to be shared with others
6. ____________________  understanding what someone feels
7. ____________________  to rely or have confidence in someone
8. ____________________  to hold someone in high esteem
9. ____________________  a direct order to do something
10. ____________________  to stand by, or encourage others
11. ____________________  an opinion or recommendation you make about what someone should do
12. ____________________  someone who defends and supports you