Task 2

**Managing Change**

You’ve probably already managed lots of change in your life. Have you ever moved to a new house? Have there been any changes to your family unit, such as new sibling or step-parents? Can you remember when you started junior school? How do you manage the change between a school term and holidays? Have you ever had a new teacher start during the school year?

Write down any changes you have already managed below. You might find your parents or carers can help you think of some that you have forgotten!