Task 1

My Bag of Concerns

Sometimes, just writing down our worries can help!

Either write your concerns about next year onto little strips of paper and put them into a bag or container or write them down inside of this bag template.

Maybe even try to discuss these concerns with an adult and either write how or when you will feel better about this.

e.g. *I am worried that my new teacher is strict.  I will feel better when I meet them.*

*You can do this either on the back of your paper strips or on the outside of your ‘bag of concerns’.*