What’s in your head?

Self-portraits are usually when you draw or paint a picture of what you look like. But this self portrait is more about what makes you, you!

1) You will need to start by drawing an outline of your profile. (Sometimes it helps to stand so your shadow falls on the wall. Then ask someone to put paper where the shadow is and draw around it.)

2) Inside the outline of the head draw pictures of things you like or that are special to you. It might be people you love, friends, food you like, hobbies, things you are good at, favourite places you like to visit, or favourite toys. Anything you think is to do with you.

3) Colour the drawings and the background. Have a look at some examples: