



# Penns Primary School

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Headteacher: Ms M Jones

8<sup>th</sup> September 2020

Dear Parents and Carers,

We are heading into cough and cold season and you can appreciate that this makes determining whether you or your child is symptomatic more complicated.

Here are the symptoms. They remain the same.

Main symptoms <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

The main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

More guidance can be found at <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

If your child has a cold that does not contain one of these symptoms, ie a 'snuffly nose', they should be in school. Children will be guided to follow good respiratory hygiene, putting tissues straight in the white pedal bins provided and washing/gelling hands.

If we felt your child was displaying any of the Covid 19 symptoms, we would call you immediately.

Thank you to those parents who have spoken to us about their child having a cold. We appreciate you are trying to be as careful as we are.

Yours sincerely,

M Jones



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