



Dear Boys and Girls, Mums and Dads,

As we near the end of 3 weeks back in school, two of them at full capacity, we reflect on what has been implemented, how it has been carried out and how we can move safely forward into the next week. Parents and carers, we thank you for helping keep everyone safe by keeping to the arrival and departure times each day, for maintaining social distances and for not gathering in groups either inside the school gates or outside in the car park areas. A collective, virtual ‘Torchie Triumph’ certificate to one and all. Keep this up please!

The NI Executive’s announcement yesterday, naming BT28 & BT29 as being placed under specific restrictions, gives us a stark reminder of how the pandemic is affecting our particular local community. It is up to us all to play our part in mitigating risk and the best way to do this is to **INCREASE SEGREGATION and DECREASE INTERACTION.**

The number of schools being impacted by cases is rising and we are aware of a number of situations in local schools. The Chief Medical Officer sent out a letter to parents yesterday which we posted on our website, along with guidance documents. We will continue to err on the side of caution when a child gets sick and we ask that parents remain vigilant over their child’s health and follow the same cautious approach. Now is the time to critically look at all the places we visit and all the interactions that we are involved in and keep safe.

Our plans and systems within school are constantly being reviewed and whilst many of the ‘normal school day activities’ are currently being curtailed, teachers are creatively striving to ensure your children’s safety and learning goes on in the best possible environment.

We are so proud of the children in how they have behaved and how they are taking it all in their stride with the widest of smiles and the acceptance of what needs to be done in school. Major credit goes to all the staff for how they are caring for the children and for looking after their emotional and educational needs.

- ✚ The emailing to class teachers or phoning into school instead of paper notes is working well. However, please do not expect a return call from the teacher during the school day as they will be teaching.
- ✚ Sleepy Hollow will begin their wrap-around care provision from 1.45pm each day. Parents should contact Sleepy Hollow directly. There are no plans at this stage for a Breakfast Club.
- ✚ The staggered start times are working really well so far in reducing the volume of footfall. Please do not let the children gather in groups as they await entry in the mornings. It is even more important now that parents also avoid waiting in groups.

Families arrive at school together at the arrival time of the eldest child	ARRIVAL TIME
P7 & all year group siblings	8.45am
P6 & all year group siblings	8.50am
P5 & all year group siblings	8.55am
P4 & all year group siblings	9am
P3 & all year group siblings	9.05am
P2 & all year group siblings	9.10am
Remaining P1 children	9.15am
Nursery	9am

- There will be no change to the departure times in the afternoons. Siblings will accompany and leave with each other from P2-7. * P1 children finish at 12noon during September but siblings do not leave with them.

Families leave school together at the departure time of the youngest child	DEPARTURE TIME
P2 & all year group siblings	1.55pm
P3 & all year group siblings	2.05pm
P4 & all year group siblings	2.15pm
P5 & all year group siblings	2.25pm
P6 & all year group siblings	2.35pm
Remaining P7 children	2.45pm

- Please continue to follow our website as we post various pieces of information. We continue to develop how we communicate with parents and would appreciate being informed of any changes to mobile and email contacts via email to info@killowenps.lisburn.ni.sch.uk
- EA School Meals have collaborated with the PHA to support families with ideas for healthy snacks/lunches. Please see below:-

Back to school! Free 1 hour workshop with a dietitian

Zoom Workshop Healthy, happy kids: Lunchbox & Snack Ideas

Are you looking for some back-to-school lunch ideas?

Do you want healthy, budget-friendly recipes?

Would you like tips from a dietitian on how to create healthier snacking habits for your child?

Includes advice on fussy eating and portion sizes.

Additional dates:
- Friday 11th Sept 12-1pm
- Thursday 17th Sept 6-7pm
No sign up needed! See details to attend.

HSC Public Health Agency
Project supported by the PHA

HSC Health and Social Care

- Lisburn Foodbank are running a Kickstart Social Supermarket which is a longer term solution for families struggling financially due to low income, redundancies, illness etc. The Supermarket gives members access to reduced cost food (example: £40 worth of shopping for £5) as well as offering wraparound support with debt advice, budgeting support, mental health and wellbeing. Parents can sign up for this service **confidentially** via the link attached and with so many families being out of work at present we are trying to spread the word as widely as we can about the project so no-one is going hungry or struggling alone. If you would like more info on this please access through the following link <https://lisburncitychurch.churchsuite.co.uk/events/nbahnj7d>



