



*Knaresborough St. John's Church of England Primary School*  
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**Quick guidance for parents – COVID-related absences from school**

Dear Parent/Carers,

Please follow this 'quick guide for parents' for advice and support if your child or member of your household are displaying symptoms of COVID-19:

What should I do if... ?	Action needed:
<p>My child is feeling ill with the following COVID-19 symptoms:</p> <ul style="list-style-type: none"> <li>• <b>a high temperature</b> – this means your child feels hot to touch on their chest or back</li> <li>• <b>a new, continuous cough</b> – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours</li> <li>• <b>a loss or change to your sense of smell or taste</b> – this means your child cannot smell or taste anything, or things smell or taste different to normal.</li> </ul>	<p><b>Do not send your child to school.</b></p> <p>The whole household must self-isolate. Your child will need to isolate for 10 days from the start of symptoms; the rest of the household should isolate for 14 days.</p> <p>You should book a test for your child using this link <a href="#">here</a> , or by phoning 119.          Please note - <b>only</b> the person with symptoms should be tested and there is no need for others in the household to have a test, unless they also have any of the symptoms mentioned.</p> <p><b>If you need a COVID-19 test, please notify us as soon as possible as North Yorkshire County Council have asked us to notify them of any suspected or confirmed cases. Please tell the school as soon as possible about the result of the COVID-19 test.</b></p>
<p>My child is feeling ill with <b>other symptoms</b> such as a <u>runny nose</u>, <u>sore throat</u> or <u>headache</u>.</p>	<p>You should act in the same way as you would have done before the pandemic. Depending on the nature and severity of the symptoms, your child may still able to attend school.</p> <p>Seek medical advice via your GP or NHS direct on111 if you would normally do so.</p> <p>Please note – if your child has sickness or diarrhoea, they should not return to school until 48 hours after their last bout of this, as is the normal school policy.</p>

Someone in my household has <b>COVID-19 symptoms</b>	<b>Do not send your child to school.</b>  The whole household must self-isolate and the person with symptoms should book a test using the link <a href="#">here</a> , or by phoning 119.
Someone in my household <b>tests positive for COVID-19</b>	<b>Do not send your child to school.</b>  The whole household should self-isolate for 14 days. The person who has tested positive must isolate for 10 days from the start of the symptoms and until there is no fever for 48 hours.
Someone in my household <b>tests negative for COVID-19</b>	Your child can return to school as soon as possible.
My child <b>tests positive for COVID-19</b>	<b>Do not send your child to school.</b>  Your child must self-isolate for 10 days from the start of the symptoms and until there is no fever for 48 hours. The rest of the household should isolate for 14 days.
My child <b>tests negative for COVID-19</b>	Your child can return to school as long as they have been well for 48 hours.

If you need to contact the school, please do so by ringing the **school office team** on **01423 863265** or by email: [admin@ksjprimaryschool.org](mailto:admin@ksjprimaryschool.org)

Please avoid entering the school office/entrance if your enquiry is not urgent and particularly if you are showing any symptoms of illness.

Many thanks for your continued support in keeping our school community healthy and safe.

Yours sincerely,

Mr A Hope  
Headteacher

