

Monday 21st September 2020

Dear Parents/Carers,

I am writing to let you know that a class teacher was not in school today as they developed symptoms compatible with coronavirus (COVID-19).

In line with current government guidance, they are now self-isolating for 10 days and arranging with [NHS.UK](https://www.nhs.uk) to have a test.

The school remains open. We will continue cleaning and disinfecting surfaces and objects across the school to help prevent any viruses spreading in line with Government guidance.

As well as thorough cleaning throughout the day, we're also continuing to:

- oversee regular hand-washing and/or the use of hand sanitisers
- comfort and support pupils through lessons and assemblies seeking to improve their understanding of hygiene and how to deal with any anxiety
- review our school policies, risk assessments and the arrangements for our school day in line with the most up-to-date Department for Education guidance

We appreciate that you may be concerned, but we have no current reason to expect any increased risk to your child and you should continue sending them in if they are feeling well.

The [NHS website](https://www.nhs.uk) gives details about how to check for the main coronavirus symptoms.

As a reminder: if you, your child or anyone you live with develops **any** of the following symptoms:

- A new, continuous cough and/or
- A high temperature and/or
- A loss or change to their sense of smell or taste (anosmia)

then you must follow [Government guidance to stay at home](#) and get a test for the person showing the symptoms.

Should your child become sick or need to self-isolate, please report this to us in the usual way by calling the school office and speaking to a member of the office team or leave a message on the absence line.

You can use [NHS 111 online](#) if you or your child feels ill and you want to know what to do next or read the [Government guidance Coronavirus \(COVID-19\): getting tested](#)

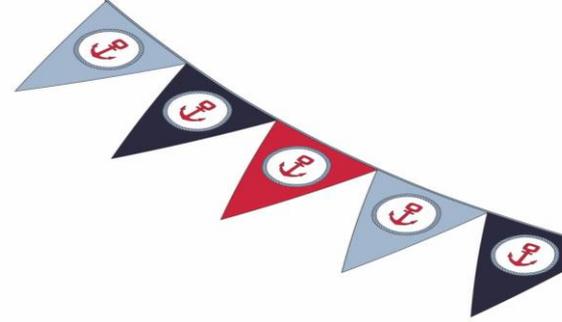
I have also attached a flow chart to support you with making decisions if you, your child or a member of your household develops symptoms compatible with coronavirus (COVID-19)

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If you have any other questions or concerns, please get in touch with the school via office@meridian.e-sussex.sch.uk

I appreciate that this is a difficult and worrying time, and would like to thank everyone for their continued support.

I will update you further should the situation change. In the meantime, please use all the information in this letter to help you.

Kind regards

C. Westcott

Ms. Claire Westcott
Headteacher

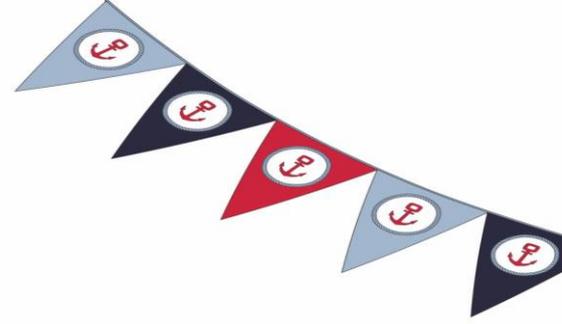
<https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested>

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

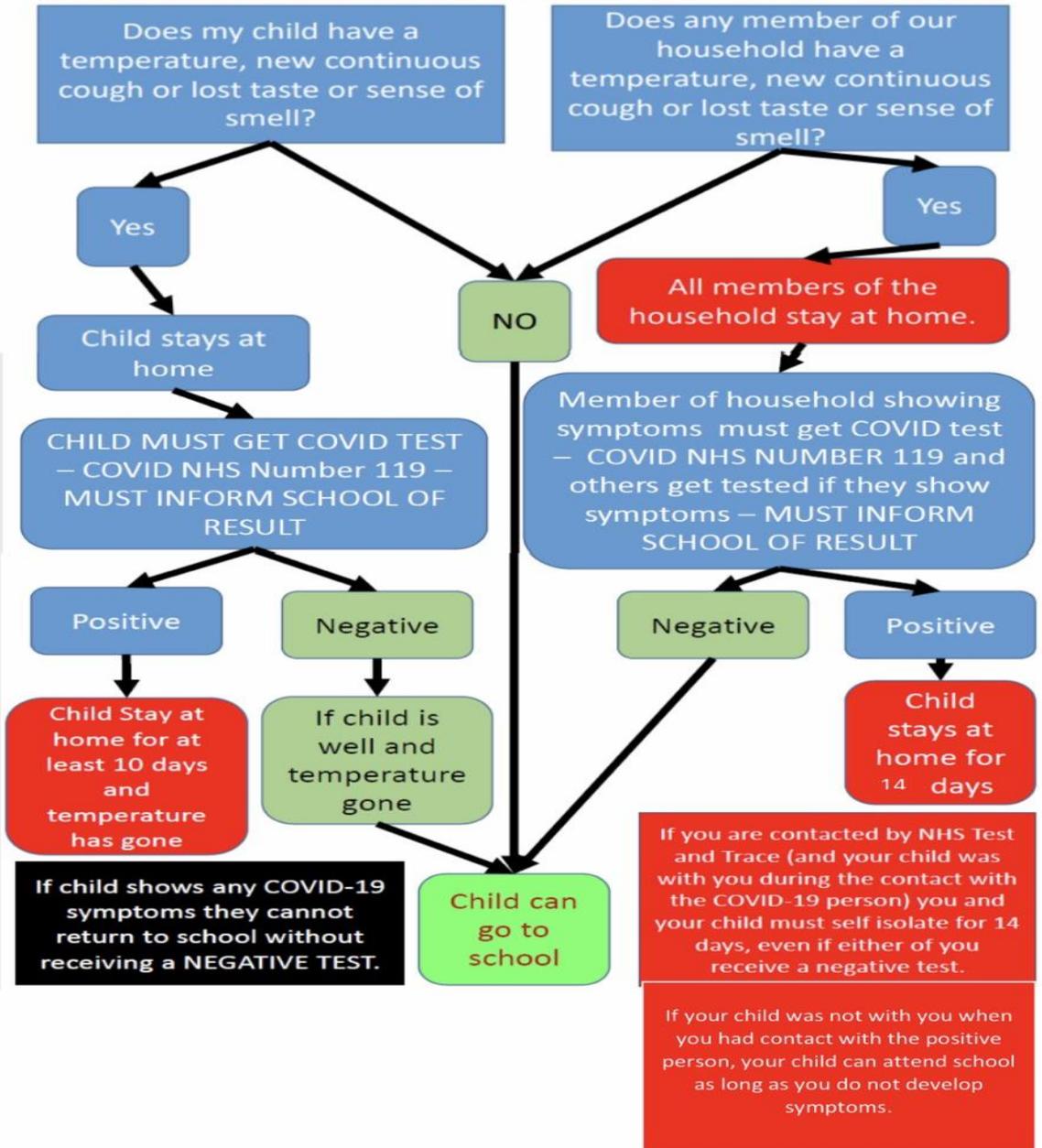
<https://111.nhs.uk/service/COVID-19?StartParameter>

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COVID SYMPTOMS AT HOME FLOW CHART



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