



# Penns Primary School

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Headteacher: Ms M Jones

Dear Parents and Carers,

## Sickness and Diarrhoea “48 hour rule”

From time to time children are sick (vomit) either at home or at school. Unfortunately it is not possible to distinguish between the causes, and therefore it is essential that the same rule of exclusion applies in all cases of vomiting or Diarrhoea.

**NHS Guidance is:** Diarrhoea and vomiting are common in adults, children and babies. They're often caused by a stomach bug and should stop in a few days.

**The advice is the same if you have diarrhoea and vomiting together or separately.**

### Public Health England 2019 - Chapter 9

Children with diarrhoea or vomiting should be excluded until 48 hours after symptoms have stopped and they are well enough to return. If medication is prescribed, ensure that the full course is completed and there is no further diarrhoea or vomiting for 48 hours after the course is completed.

**If your child is sick at school - we will ask you or your emergency contact to take your child home. They should not return for 48 hours.** We appreciate that this can be inconvenient, and you may feel your child is not ill, but you will appreciate that we do this in all cases to reduce the risk of infection for all children and adults in school. As an example, if your child is sick at lunchtime on a Tuesday, they should not return to school until after lunch on Thursday, **provided there have not been any further episodes** of vomiting or diarrhoea.

Thank you for your understanding with this.

M Jones  
Headteacher

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