



23rd September 2020

Dear Parents/Carers,

We have received the following information from **Hampshire's School Nursing Team** –



School Nursing Team

We have a new service called **ChatHealth 5-19** which is a text message advice line for parents of school-aged children. A text messaging service is an easy way for parents and carers to ask for help and information with a range of issues such as hearing, sleep, behaviour and transition to school.

The service is available for parents and carers with children in Hampshire schools, educational settings and the elective home educated.

The dedicated number is **07507332417**.

Once received, the school nursing service will respond within one working day. ChatHealth 5-19 is available Monday to Thursday from 9 am-4.30 pm and 9 am-4 pm on Fridays (excluding bank holidays).

Further information about ChatHealth is available on our new website called Hampshire Healthy Families <http://www.hampshirehealthyfamilies.org.uk/>.

The recently launched website provides health information and advice to parents, children, young people and schools.

