

## North Yorkshire County Council 2020 – Autumn Single Menu

	<b>WEEK ONE</b> Served w/c 5th Oct, 2nd & 23rd Nov, 14th Dec	<b>WEEK TWO</b> Served w/c 12 Oct, 9th & 30th Nov, 21st Dec	<b>WEEK THREE</b> Served w/c 19th Oct, 16th Nov, 7th Dec
<b>M O N D A Y</b>	Sausage in a Homemade Bun with Tomato Ketchup Diced Potatoes Peas & Coleslaw ***** Pineapple Upside Down Pudding & Custard Fruit Yoghurt & Fresh Fruit	v Cheese & Tomato Pizza Diced Potatoes Fruity Coleslaw & Mixed Salad 50/50 Bread ***** Fruit Crumble & Custard Fruit Yoghurt & Fresh Fruit	Beefburger in a Homemade Bun with Chips Green Beans & Sweetcorn Pumpkin Seed Bread ***** Lime & Lemon Drizzle Cake Fruit Yoghurt & Fresh Fruit
<b>T U E S D A Y</b>	Pasta Bolognese Green Salad & Grated Carrot Garlic Bread ***** Chocolate Orange Muffin Fruit Yoghurt & Fresh Fruit	Chicken & Veg Pie & Gravy New Potatoes Peas & Sweetcorn Sliced Wholemeal Bread ***** Banana Custard Fruit Yoghurt & Fresh Fruit	Chicken Fajitas & Vegetable Rice Broccoli & Carrots Naan Bread ***** Sweet Pizza with Ice Cream Fruit Yoghurt & Fresh Fruit
<b>W E D N E S D A Y</b>	Roast Chicken with Sage & Onion Stuffing & Gravy Roast Potatoes Medley of Vegetables 50/50 Bread ***** Oat Cookie & Apple Wedge Fruit Yoghurt & Fresh Fruit	Meatballs in Tomato Sauce with Pasta Spirals Carrots & Green Beans Cheese & Onion Flatbread ***** Fruity Paris Sandwich & Custard Fruit Yoghurt & Fresh Fruit	Savoury Minced Beef and Dumplings With Creamed Mashed Potato Carrots & Peas Sliced Wholemeal Bread ***** Chocolate Crunch Fruit Yoghurt & Fresh Fruit
<b>T H U R S D A Y</b>	Mexican Beef Tortilla Boats with Vegetable Rice Broccoli & Carrots Pitta Bread ***** Fruit Jelly and Ice-cream Fruit Yoghurt & Fresh Fruit	Chicken Korma & Brown Rice Medley of Vegetables Naan Bread ***** Chocolate Muesli Krispie Fruit Yogurt & Fresh Fruit	Roast Pork Loin with Homemade Apple Sauce & Gravy New Potatoes Ratatouille & Sweetcorn HM White Bread ***** Cheese & Crackers Fruit Yoghurt & Fresh Fruit
<b>F R I D A Y</b>	Battered Fish Chipped Potatoes Peas & Sweetcorn HM Wholemeal Bread ***** Cheese & Crackers Fruit Yoghurt & Fresh Fruit	Fish Fingers with Tomato Ketchup & Chipped Potatoes Vegetable Sticks Crusty White Bread ***** Cheese & Crackers with Apple Wedge Fruit Yoghurt & Fresh Fruit	Salmon & Sweet Potato Fishcake Potato Wedges Baked Beans & Tomato Salad 50/50 Bread ***** Fresh Fruit Salad with Cream or Fruit Yoghurt

v = suitable for a vegetarian diet

Very occasionally due to circumstances beyond our control it may be necessary to change the menu V1 03.07.2020