

# Brunswick Primary School

Enjoy, Exceed, Excel

## NEWSLETTER



Be nice. Work hard. Look after yourself.

Week 6 9th October 2020

Dear Families,

Teachers were very pleased to be able to spend some time speaking with you this week during the first parent teacher consultations of the year. These conversations and outcomes from our recovery curriculum so far will be used over the next two weeks when the year group staff will be meeting with me and Euan Hannington for pupil progress meetings. The purpose of these meetings is to plan for the next stages of learning and to plan for any “catch up” interventions (be these academic or for emotional needs) to take place over the course of term 2 and 3.



Our field will very soon be welcoming six marquees. We are absolutely delighted to be able to offer the children some “all weather” play and additional learning spaces. Space is very tight at the moment due to the requirement to keep all of our year group bubbles separate. The field and playgrounds are in constant use for playtimes and lunch times as are the indoor halls. We are extremely grateful to Matt Waterman at Brighton Marquees [info@brightonmarquees.co.uk](mailto:info@brightonmarquees.co.uk) for making this possible and also to our hardworking PTFA for helping us with some of the funding. These marquees will be in use from the 20th October until Easter. Meanwhile huge apologies for the children coming home with muddy clothes and shoes. Currently we are toying with the idea of indoor slippers. Your thoughts would be welcomed. Let us know on Class Dojo.

Following the announcement that the Covid alert level in Brighton and Hove has been raised to Amber we would like to ask that parents/carers wear a face covering when they are on the school site, unless exempt, when dropping off and collecting children. Could I please remind all families to briskly leave the premises at collection time and to refrain from staying on site to chat to other parents or to staff. All adults dropping off or collecting are to maintain a distance of 2m from others wherever possible.

Warm wishes

Alison Colbran Interim Headteacher

## School Lunches - An important message for parents

We have children in school that have allergies. Allergens in the environment could cause a serious reaction.

To support us in our safeguarding role could we please request that families in KS1 **do not pack tuna** and **oily fish** such as **salmon** and **mackerel** in their lunch boxes. This is because these allergens can be airborne. Tuna and oily fish will also be removed from the school menu.

We have also been in contact with Caterlink, the company that provides our lunches, who will no longer be serving tuna as an option on their menu.

We are also a nut free school.

Thank you in advance for your participation.

## Black History Month

1814 – Doctor Brighton -Sake Dean Mahomed



Sake Dean Mahomed (1759-1851) grew up in India. He served in the English East India Company Bengal Army as a trainee surgeon. At age 25 he immigrated to Ireland in 1786, where he wrote and published his book, entitled 'The Travels of Dean Mahomet'. He became the first Indian to write a book in English.

Sake Dean Mahomed moved to London, where he opened the first Indian take away restaurant in England – the Hindustani Coffee House. Then, in 1814 Dean and Jane, his Irish wife, moved to Brighton and opened the first shampooing vapour masseur bath in England. He described the treatment in a local paper as 'The Indian Medicated Vapour Bath (type of Turkish bath), a cure to many diseases and giving full relief when every thing fails; particularly Rheumatic and paralytic, gout, stiff joints, old sprains, lame less, aches and pains in the joints'.

So successful was his treatment that Hospitals referred patients to Sake Dean Mahomed. Both King George IV and William IV appointed him as their shampooing surgeon in Brighton. Mahomed's Bath stood on the site now occupied by the Queen's Hotel, Brighton.



Mahomed's Baths stood on the site now occupied by the Queen's Hotel Brighton

**Behaviour Regulation Policy** This policy has been updated this year. A full copy can be found on our website.

At a time when you are busy supporting your families through this challenging period, it's important that you look after your own wellbeing. Explore simple tips to look after your mental health using Every Mind Matters. This online tool offers a free, personalised action plan, approved by the NHS, providing specific advice for those currently looking after young people or working from home. <https://bit.ly/3gZlzxB>

The Public Health Schools team have also put together a 20 minute seated / desk exercise session working with Sprite Yoga. This 20 minute seated exercise is ideal for anyone working from home or to support individuals to take an active break. This also can be done before bed! Take time to have a break from work and stretch out the back and neck to keep your body healthy. <https://youtu.be/7U3BSqSrFH8>

Subscribe to the healthy lifestyles team Youtube channel and be notified when new videos go live. The team have videos on various lifestyle areas to support you and your families to be healthy.

**Class Awards - this week we are celebrating with... Be nice Work hard**

<p><b>Year 1</b>  <b>Seahorse - Havon</b>  <b>Lobster - Yasin</b>  <b>Starfish - Alec</b>  <b>Octopus - Mateo</b></p>	<p><b>Year 2</b>  <b>Grasshopper - Dexter</b>  <b>Dragonfly - Nell</b>  <b>Ladybird - Joseph</b>  <b>Bumblebee - Adrika</b></p>	<p><b>Year 3</b>  <b>Salamander - Anina</b>  <b>Gecko - Rashika</b>  <b>Chameleon - Angus</b>  <b>Iguana - Annie C</b></p>
<p><b>Year 4</b>  <b>Puma - Freddy</b>  <b>Tiger - Rafael</b>  <b>Lion - Mariam</b>  <b>Jaguar - Camilo</b></p>	<p><b>Year 5</b>  <b>Griffin - Amara</b>  <b>Pegasus - Arbi</b>  <b>Phoenix - Sasha-Louise</b>  <b>Dragon - Arlo</b></p>	<p><b>Year 6</b>  <b>Falcon - Spencer</b>  <b>Eagle - Stan</b>  <b>Osprey - Lola</b>  <b>Owl - Lakeisha</b>  <b>Kite - Louie P</b>  <b>Kestrel - Lamis</b></p>

## Headlice

We have had a few cases of headlice reported to us this week. Please take the time this week to check your child's hair and treat accordingly. Attached to this Newsletter is an information sheet regarding headlice and the treatment of them.

## Family Learning

Family Learning have been working in a different way and are offering their sessions online to parents/carers.

We are pleased to be able to signpost you to some family learning courses this year.

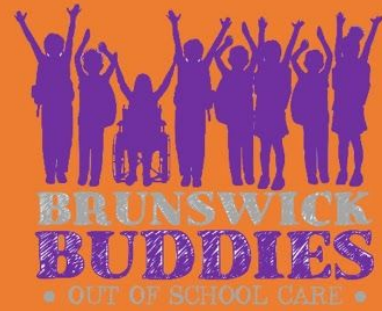
The first that may be of interest is "Supporting a Child with Anxiety" this is a two week course for parents or carers of primary age children on Monday 2 and 9 November

This workshop aimed at parents. It explores what anxiety is, and the ways anxiety manifests itself in children. The workshop focuses on finding the language to discuss anxious thinking, and suggests supportive ways parents can help children to manage these feelings. It also explores the way parents respond the children's anxiety (so encourages parents to reflect on this in helpful ways) , and how to keep moving children forward - while supporting them. To enrol on this please follow this link. If you need any help to enrol please let us know and we will do our best to help.

<https://www.brighton-hove.gov.uk/families-children-and-learning/adult-community-learning-enrolment-form>

## **Brunswick Buddies Half Term Holiday Club - Spaces now only available in Years 1 to 6**

Please see below our exciting holiday club run by Brunswick Buddies which will take place during the half term week on Monday 26th, Tuesday 27th and Wednesday 28th October.



## **OCTOBER HALF TERM HOLIDAY CLUB!!!**

### **SPACES NOW ONLY AVAILABLE IN YEARS 1-6**

Dear parents/carers,

We are delighted to announce that Brunswick Buddies will be running an **October Half Term Holiday Club!**

The Club will be open and offering a wide range of exciting and fun activities on Monday 26<sup>th</sup>, Tuesday 27<sup>th</sup> & Wednesday 28<sup>th</sup> October. We will be open to all children in all year groups. (Limited numbers)

The times and cost of these sessions is as follows:

Morning – 8.30am – 1.30pm - £20.00

All day 8.30am – 5.30pm - £36.00

Bookings can be made through our dedicated Brunswick Buddies booking website – Magic Booking

If you already have an account with Magic Booking please use the following link to login and book the sessions you require.

<https://brunswick.magicbooking.co.uk/Identity/Account/Login>

If you do not have an existing account with Magic Booking please use the following link to register, set up an account and book your sessions.

<https://brunswick.magicbooking.co.uk/Register>

If you have any questions please do not hesitate to contact us on our dedicated email address [bb@brunswick.brighton-hove.sch.uk](mailto:bb@brunswick.brighton-hove.sch.uk) or call our club line on 01273 765781 (Monday – Friday 8.00am – 3.00pm) and we will be very happy to help with your enquiry.



## After School Clubs Outdoors

This is a quick reminder of the After School Clubs we currently have. **Please see the attached leaflets sent with this Newsletter for information on how to book.**

**Monday** - Lioness Sport/LionPride Sport (Football) - Years 5 boys and girls  
Albion in the Community (Football) - Year 3 and Year 4 girls and boys

**Tuesday** - Lioness Sport/LionPride Sport (Football) - Year 6 boys and girls

**Wednesday** - Lioness Sport/LionPride Sport (Football) - Year 3 boys and girls  
Outdoors Project - Year 5 and Year 6 boys and girls

**Thursday** - Lioness Sport/LionPride Sport (Football) - Year 4 boys and girls  
Outdoors Project - Year 1 and Year 2 boys and girls

**Friday** - Albion in the Community (Football) - Year 5 and Year 6 boys and girls  
Outdoors Project - Year 3 and Year 4 girls and boys

The Outdoors Project are offering a FREE taster session please email for further information - [sam.smith@theoutdoorsproject.co.uk](mailto:sam.smith@theoutdoorsproject.co.uk)

## Dates

When?	What?	Where?
Monday 19th October	Flu Vaccinations	School
Week beginning 19th October	Reception Parent Consultations	10 minute telephone calls. Booking arrangements will be shared with you shortly
Friday 23rd October	INSET Day	School is closed to children
October 26th-30th	Half Term Holiday	School is closed to children
Monday 2nd November	Autumn Term 2 starts	School
Wednesday 4th & Thursday 5th November	School photographs	Format TBC
Friday 18th December	Last day of Autumn Term	School

Monday December 21st	Christmas Holidays	School is closed to children
Monday 4th January	Spring term starts	School
February 15th-19th	Half Term Holiday	School is closed to children
Monday 22nd February	INSET Day	School is closed to children
Tuesday 23rd February	Spring Term 2 starts	School
Thursday 4th March	World Book day	School
Thursday 1st April	Last day of Spring Term	School
Friday 2nd April - Friday 16th April	Easter Holidays	School is closed to children
Monday 19th April	Summer Term starts	School
Week beginning 19th April	TLC week	
Monday 3rd May	Bank Holiday	School is closed to children
Friday 28th May	Last day of Summer Term 1	School
Monday 31st May	Bank Holiday	School is closed to children
Tuesday 1st - Friday 4th June	Half Term Holiday	School is closed to children
Monday 7th June	INSET Day	School is closed to children
Tuesday 8th June	Summer Term 2 starts	2 weeks - Mondays 2 and 9 November School
Friday 23rd July	Last day of Term - Summer Holidays	School