

Dear Parents / Carers

It has been brought to our attention that there has been a case of head lice reported in your child's class. Head lice are a common problem, particularly in school children aged 4 – 11years. There is no reason to keep children off school but prompt action is required to stop the spread of head lice.

Please check your child's hair. If you discover any head lice or eggs, then please treat your child's hair. There are a range of lotions available either from the chemist or by prescription from your GP. It is also helpful to heavily condition the hair and then comb out with a nit comb.



Head lice are small insects, up to 3mm long. They can be difficult to spot
Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair

To help prevent the spread of Head lice in school we are asking parent/ carers to:

- Make sure all the family know about good hair care, including regular, thorough combing.
- Identify the presence of head lice in all family members quickly.
- Seek advice and support from your local pharmacist or G.P.
- Check all the families head weekly, using the 'wet combing' method for detection.
- Never use insecticides unless live head lice are found, and only use on those who have head lice.

It is only by continual checking and treating any outbreaks that head lice can be kept under control. If you are unsure, please contact me.

Thank you for your support.