



# MERIDIAN COMMUNITY PRIMARY SCHOOL AND NURSERY

Learning for Life



Dear Parents/Carers,

## Term 2 Physical Education – Cross-Country & Sports Hall Athletics

In the first week back after half term all children will take part in a Cross-Country event during their PE/Forest School lessons. This will be held on the school field. All children need to bring their PE kit and suitable footwear to run in, ideally no plimsolls. Some year groups will not have Forest School or Music this week. To ensure that all children feel comfortable with this activity, all that we ask is that the children try their hardest and achieve their personal best. The cross country will mirror our sports day format where all children will score points towards their House team.

The top 10 boys and girls in year 5 & 6 will be entered into the South Downs Area Virtual competition where they will be virtually competing against other children in the area.

<b>Cross-Country - Week One</b>			
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Year 6</b>	<b>Year 2</b>	<b>Year 4</b>	<b>Year 1</b>
	<b>Year 5</b>		<b>Year 3</b>

For the rest of the term the children will complete a series of sports hall athletic events in their PE lessons, where they will once again have the chance to achieve their personal best. In these event's year 3, 4, 5 & 6 will be entered in the South Downs Area sports hall Virtual competition.

Kind regards

Mr Chris Legate

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