









**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Loddon Primary Autumn Menu 2020



Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Main</b>	Homemade Macaroni Cheese & Garlic Slice 	Cottage Pie with Gravy 	Roast Chicken served with Roast Potatoes & Gravy 	Plant Based Chicken Curry with 50/50 Rice 	Breaded Fish with Chips 
<b>Week One Commencing</b> 31/08/2020 21/09/2020 12/10/2020 09/11/2020 30/11/2020	<b>Vegetarian</b>	Soya Bolognese with Spaghetti 	Shepherdess Pie with Gravy 	Vegetable Wellington with Roast Potatoes & Gravy 	Lentil & Sweet Potato Curry with 50/50 Rice 	Homemade Vegetable Pasty with Chips 
	<b>Dessert</b>	Iced Sponge 	Lemon Drizzle Cake 	Apple, Cheese & Biscuits 	Chocolate & Orange Cake with Choc Sauce 	Vanilla Shortbread 



Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and yoghurt

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Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Main</b>	Mediterranean Vegetable Pasta Bake 	Chicken Fajitas with 50/50 Rice 	Roast Pork, Roast Potatoes & Gravy 	Homemade BBQ Chicken Pasta 	Fish Fingers with Chips 
	<b>Vegetarian</b>	Vegetable Tagine with Couscous 	Vegetable & Bean Fajitas with 50/50 Rice 	Quorn Roast Fillet with Roast Potatoes & Gravy 	Wholemeal French Bread Pizza with Baked Wedges 	Vegan Mexican Roll with Chips 
<b>Week Two Commencing</b> 07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020						
	<b>Dessert</b>	Chocolate & Beetroot Brownie 	Apple Sponge 	Carrot & Courgette Cake 	Iced Sponge 	Spanish Cookie 



Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and yoghurt

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**caterlink**  
feeding the imagination

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Main</b>	Cheese & Tomato Pizza with Baked Wedges 	Homemade Jollof Rice with Chicken 	Roast Turkey, Roast Potatoes & Gravy 	Plant Based Beef Lasagne with Garlic Slice 	Fish in Batter with Chips 
<b>Week Three Commencing</b> 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020	<b>Vegetarian</b>	Vegetable Risotto 	Cheese Tomato & Vegetable Pasta 	Lentil & Tomato Whirl with Roast Potatoes 	Soya Mince Lasagne with Garlic Bread 	Cheese & Potato Wheel with Chips 
	<b>Dessert</b>	Banana Chocolate Oaty Square 	Marble Cake 	Apple, Cheese & Biscuits 	Orange Drizzle Cake 	Apple & Raisin Flapjack 