



DG/LL 09.11.20

Personal, Health and Social Education (PHSE)

Dear Year 5 & 6 Parents and Carers,

As you may already be aware an integral part of our curriculum is Personal, Health and Social Education (PHSE). In the past year, the government has included new guidance as to what should be included in the PHSE programme and the scheme we use (Jigsaw) has been adapted accordingly. This purpose of this letter is to give you an overview of the work we will be doing with the children this term in PHSE, as children may wish to discuss issues raised in lessons with you at home.

The unit is titled “Celebrating Difference” and the 6 lessons are

1. Am I normal?
(Understanding there are different perceptions about what normal means. Discussion of prejudice in the past and in the modern world – slavery, the persecution of Jews and minority groups during WWII, the introduction of laws allowing gay marriage)
2. Understanding Difference
(Understanding how being different could affect someone’s life – includes learning about Robert/Roberta Cowell, one of the first transgender people in the UK)
3. Power Struggles
(Looking at the ways one person can have power over another. Thinking about how bad it can be to be excluded or treated badly for being different in some way)
4. Why Bully?
(Understanding why some people bully. Identifying what bullying is. Strategies for managing feelings in bullying situations and problem-solving when part of one)
5. Celebrating Difference (two lessons)
(Being able to give examples of people with disabilities who lead amazing lives. Appreciating people for who they are. Explaining how difference can be a source of conflict and a cause for celebration. Showing empathy for people in either situation)

The lessons are designed to deliver the learning and raise issues in a sensitive and age appropriate way. I hope this information enables you to further support your child’s learning.

Yours sincerely

Mr Green (Year 5 & 6 Phase Leader)

