



NEWSLETTER
12th November 2020



HEADTEACHER'S AWARD

PUPILS OF THE WEEK

Attendance Winners

Year 4—98.5%

Well done!



Last week the pupils of the week were :

Nur: Alex Makosiej
Rec: Annabella Graham
Yr 1: Eva Bekasova
Yr 2: Riley Doran
Yr 3: Dante Bottomley
Yr 4: Mathew Augustine
Yr 5: Riley Van De Gevel
Yr 6: Elle Richards

Last week the Wow Work of the week were :-

Rec: Grayson Fieldhouse
Yr 1: Jacob Helme
Yr 2: Louis Calder
Yr 3: Lilly-Mae Smith
Yr 4: Lola-Jo Morgan-Richards
Yr 5: Elisha Thornton
Yr 6: Lucas Mallinson

Gold Children—Autumn Half Term

Congratulations to the following children who have been in Gold during the first half term. They will be receiving a treat afternoon and have chosen a film and snacks. They will also wear non-uniform for the day. Well done everyone!

Nursery

Hunter WS
Liyle HW
Carter P

Reception

Archie S
Amelia L
Adam H
Brogen-Dean B

Year 1

Eva B
Alfie G
Elsie B
Ted G
Khadija U

Year 2

Dexter E
Emily T

Year 3

Grace F
Nainika J
Lily M

Year 4

Freya B
Emily H
Theo T
Harry W

Year 5

Sienna H
Maxwell W
Scarlet S
Mason H
Kasilese MC

Year 6

Dylan P
Amy-Leigh H
James C
Summer H

Harvest Donations



We received a wonderful selection of Harvest donations —thank you to everyone who sent something in.

Everything was donated to Elland Food Bank, who were very grateful when we dropped everything off last week.

Children in Need—Friday 13th November



Children in Need colouring competition keep your entries coming in — 20p per entry.

On Friday 13th November we will be having a **non-uniform day**. Children can dress in Pudsey Bear related costumes, or come in casual clothes. Please could children bring a donation towards Children in Need.

Church Links

This week in Collective Worship the children learnt about Peace.

Flu Vaccination

On Friday 20th November the school nursing team will be coming in to administer the flu vaccination—via nasal spray. If you have not yet returned your form and would still like to do so, please complete and sign the form and return to school as soon as possible. Thanks.

Year 3 Stone Age Adventure



Last week Year 3 travelled back in time to the Savage Stone Age. On Tuesday they showed worked long and hard on their cave paintings and had excellent results. By Thursday they were tasked with finding out what Stone Age people ate. To do this they had to excavate some Stone Age pool! As you can see on the children's faces, they absolutely loved it!



Year 2 Great Fire of London

Emily (Year 2) baked bread as part of her homework this week. We are learning about The Great Fire of London in History so she baked bread just like Thomas Farriner did in his bakery on Pudding Lane, the place where the fire started. We think she did a fab job and the rest of the class thought it tasted delicious



Phunky Foods

Bag-a-breakfast Start EVERY day the right way!

- 1 Base your breakfast on... Starchy Carbohydrates** to re-fuel your body.
 - Choose one from: Bread, bagels, muffins, crumpets or crackers (choose wholemeal or seeded), Wholegrain breakfast cereals, Porridge.
- 2 Add some... Fruit and Vegetables** to keep you healthy.
 - Choose one from: Seasonal fresh fruit or sliced/ frozen: Bananas, raspberries, apricot, peach, grapefruit, melon, 100ml of fresh fruit juice, homemade fresh fruit smoothie, Chopped fruit or pre-portioned seeds on cereal, Grated tomatoes or mushrooms on toast.
- 3 Include... Dairy & Alternatives** for healthy teeth and bones.
 - Choose one from: Dairy free smoothie with yogurt and/or milk (200ml), Low fat and low sugar yogurt or storage milk, Serve your breakfast cereal with low salt milk, Toppings such as honey or maple.

Don't forget drinks to rehydrate your body.

- Choose one from: Filtered tap water - or filtered milk for children over 5 years, 100ml of fresh unsweetened fruit juice, A large glass of water, A glass of milk.

When you have a little extra time... Protein Foods for growth and repair.

- Choose one from: Poached/boiled eggs on wholemeal toast, Muesli and cheese cereal, Baked beans on wholemeal toast.

If you're pushed for time try our... Grab & Go breakfast ideas!

- Choose one from: A smoothie, banana and water/milk, Breadsticks, low fat cheese, grapes/apple and water, Mini blueberry muffin, sausage and water/milk.

The importance of breakfast

Whilst breakfast is no more, or less, important than any other meal, kick starting your day the right way IS Important. Breakfast is the opportunity to top up the energy stores used by your body overnight, and to provide essential nutrients such as fibre, vitamins and minerals. Plus scientific studies have shown that eating breakfast might improve our mental performance, our ability to concentrate, and our mood - three great reasons to eat a healthy breakfast every day!

Health Update

Children with simple cold symptoms such as runny noses or sore throats **without fever** should not be tested for COVID-19, and can attend school if they feel well enough to do so.

* COVID-19 Symptoms

Anyone with any of the three main symptoms of COVID-19 should stay at home and arrange testing.

- These symptoms are:
- high temperature **and/or**
 - new continuous cough **and/or**
 - loss or change to sense of taste or smell

Please contact school to advise us of any absence.

*Please note that unless advised otherwise, only people who present with **any of the three main symptoms of COVID-19 should be tested**. Testing must be conducted within the first 5 days of the onset of symptoms.

If someone is being tested in your household, **ALL** family members will need to isolate until a negative test is returned. When you receive your test result, **please email admin@elland.calderdale.sch.uk** with details before your child returns to school. Children can return to school as soon as a negative test is received.

Upcoming Events

- Friday 13th November — Non-Uniform Day for Children in Need
- Tues 17th November & Weds 18th November —Parents' Evenings (via phone)
- Thursday 19th November —Applications open for Starting School in September 2021
- Friday 20th November—Flu Vaccination for Rec—Year 6

