



# HALLING

## Primary School

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16<sup>th</sup> November 2020

Good afternoon parents/carers,

As I'm sure you are aware, the guidance surrounding COVID-19 is ever-changing therefore, we wanted to provide an update on the guidance that we are following at Halling Primary School in regards to symptoms and self-isolation.

The NHS states that the most common symptoms of Coronavirus are as follows:

- **a high temperature** - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If your child is showing any of these symptoms, then they must not come to school and a test needs to be booked. Your child and anyone they live with should stay at home and not have visitors until the test result comes back. In regards to your child/ren needing to self-isolate and how long for please refer to the NHS and government guidelines set out in the links below:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/>

[Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection - GOV.UK \(www.gov.uk\)](#)

We are all in this together and we will continue to do everything we can to support your child/ren during these difficult times. We would like to thank you for keeping us updated and helping us to follow the guidelines set so that we can continue to provide their education.

Yours sincerely,

Miss Selmi

Head Teacher