



Christ Church C.E. (VA) Junior School  
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Friday 20<sup>th</sup> November 2020

**FOR PARENTS OF CLOSE CONTACTS OF COVID 19: All children in WILLOWS CLASS only**

### **Advice for Child to Self-Isolate for 14 Days**

Dear Parents/Carers

We have been advised that there has been a confirmed case of COVID-19 within **Willows Class Bubble**.

We have worked with Calderdale Public Health in following the national guidance and have identified that your child, as a member of Willows Class, has been in close contact with the affected child. In line with the national guidance we recommend that your child now stay at home and self-isolate, returning to school on **Thursday 3<sup>rd</sup> December 2020**.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

**If your child tests positive during the 14 days of isolation, you must let school know immediately.**

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>



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## Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

## Remote Learning

Willows 14 day remote learning pack is available on the website. Paper copies will be sent out to all families who requested them. Miss Taylor will be available for support and feedback via [willows@christchurch-sowerby.calderdale.sch.uk](mailto:willows@christchurch-sowerby.calderdale.sch.uk). Miss Taylor and Mrs Marshall will ring throughout the bubble closure and will be able to support any home learning as necessary. Please note, this may show as an unknown number on phones, but please answer – it's us!

In addition to the paper copy learning packs, children are also encouraged to access the online sites which form part of our remote learning provision. Work has been set online for the children to access and complete. These include PurpleMash, Spelling Shed, My Maths, Timestable Rockstars and Oxford Owl. The sign in details for these websites have been sent home this week. If anyone requires an additional copy, please phone the school office or email Miss Taylor on the above email address. She will be happy to help the children access these online activities.

For parents of children on Free School Meals, we will be organising lunch packs next week, which will be left as a doorstep delivery, containing enough meals for the week. We will then deliver a second pack the following week.

If anyone has any questions, please do not hesitate to ring school tomorrow.

Thank you as ever for your support in these challenging times. Stay safe!

Yours sincerely

Miss Embleton

Headteacher



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