

Holiday Hunger and Physical Activity Christmas provision:

As you are aware, the situation around food insecurity is under the spotlight at the moment both in the media and within our communities. This Christmas Holidays Essex County Council has committed to supporting Active Essex to expand its level of provision through holiday hunger programmes.

We are working with locally trusted organisations to deliver **42 FREE Holiday Hunger activity clubs across Essex** from 20th December, **providing physical activity and a nutritious meal for over 7000 young people as well as food hampers to take home for the family.**

The information (below) details activities happening in your area along with referral links/or contacts to book. **These places are aimed at young people at Primary Schools in receipt of Free School meals or at risk of food insecurity over the festive season.**

Details of West Essex offer:

West	Area	Provider	Venue	No. places available per day	Dates	Times	Booking is essential, please use booking link or email below:
Thaxted	Stanstead	Essex Boys and Girls Clubs	Thaxted Youth Club	30	21st 22nd 23rd 24th	10 - 2pm	http://www.essexboysandgirlsclubs.org/christmas-activity-sessions/
Takeley	Dunmow	Essex Boys and Girls Clubs	Takeley Youth Club	30	21st 22nd 23rd 24th	10 - 2pm	http://www.essexboysandgirlsclubs.org/christmas-activity-sessions/
Dunmow	Dunmow	Changing Lives	Foakes Hall Dunmow	30	28th 29th 30th 31st	10 - 2pm	https://www.changinglivescommunityservices.com/events/christmas-halfterm-programme-dunmow/
Epping	Shelly, Ongar	Red Balloon Foundation	Ongar leisure centre	60	21st 22nd 23rd	10 - 12pm AND 1- 3pm	www.rbf.org.uk/ongar - Available from 4th December
Harlow	Staple Tye	Changing Lives	Great Parndon Community Association	60	21st 22nd 23rd 24th	10 - 2pm	https://www.changinglivescommunityservices.com/events/christmas-halfterm-programme-gpca/
Harlow	Staple Tye	Changing Lives	Pemberly school	40	21st 22nd 23rd 24th	10 - 2pm	https://www.changinglivescommunityservices.com/events/christmas-halfterm-programme-pemberley/

Kind regards
Active Essex
www.activeessex.org