



# Online Safety - Broad Chalke Parent Support Guide 2021

***Friday 5th February***

Hello Parents!

I've created another newsletter in SWAY, this is very useful for when I want to share links with you.

Next week, on Tuesday, it is **Safer Internet Day** or **SID** as we sometimes call it. We have always celebrated this in school, usually with assemblies led by the children, but this year we have to do things differently.

Online Safety for children is a particular passion of mine. The school has a special award for online safety called The Online Safety Mark 360 Degrees Safe.

The internet seems to be more important than ever right now so it's essential that children are educated about how to use it safely. We will be doing this both in school and via our remote learning. Parents often ask what they can do to help and this is where this guide comes in handy! It's really important to talk to your child about online safety but sometimes parents don't know quite how or where to start!

I hope you enjoy this support guide to online safety which I've put together and it helps you in having those conversations. If you click on the right video link for your child's age and watch it together then this would be a great way to start that conversation. There is so much I could write on this subject but I've tried to keep it short and hopefully useful.

Best wishes

Mrs Brockway



**1 - Tips, Advice, Guides and Resources to Help Keep Your Child Safe Online**

*Safer Internet Day 2021 is on Tuesday 9th February 2021.*

*I will be posting the Safer Internet Day assembly on Seesaw next week. I will also post 1 simple task for younger children (YR - Y2) and 1 task for older children (Y4-Y6).*

*There will also be details about a little competition, just like we always have! There will be 1 prize per class!*

*I look forward to seeing the children's responses.*

*Parents and Carers | Safer Internet Centre<sup>1</sup>*

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<sup>1</sup><https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

## Zoom Rules



It's great that nearly all of our children are joining in with the Zoom meetings. We know that some children may find this hard but they can always join in with their camera turned off. The Zoom meetings really do help everybody to still feel part of the class although please do be aware that the class teacher can not always see everybody at the same time!

For some children 'The Zoom' is one of the highlights of their day and the class teachers also love to have this contact with their classes.

There are just a few rules that the staff have come up with to ensure that these meetings run as smoothly as possible:

- We do expect all of the children to join in with the Zoom everyday even if their camera is turned off.
- Please ensure an adult is nearby during the Zoom as this helps to safeguard both staff and children.
- Please can all Zoom calls take place in a 'family area' of the house, not the child's bedroom.
- Please can appropriate clothing be worn by children during the Zoom meeting, not pyjamas.
- Please can children not be eating during the Zoom, we expect the same behaviour as we would expect in school.

- Please can children be respectful of the adult and other class members and engage in the same way as they would in class.
- Please can adults try to ensure it is quiet in the background, sometimes private conversations are overheard by everyone!
- Please can adults ensure that children log in at the right time.
- Children must not use the 'chat' function unless otherwise instructed by the adult (often teachers will disable the chat function).
- Children must not engage in creating different backgrounds during the meeting as it is distracting for everyone.



<https://youtu.be/-nMUbHuffO8>

2 - If your children are age 4 - 7 years (YR- Y2) then please watch this short 10 minute cartoon with them; it is designed to teach them to keep safe whilst online.



[https://youtu.be/WpngtGyc\\_ec](https://youtu.be/WpngtGyc_ec)

3 - If your children are age 7 - 11 (Y3-Y6) then **Play Like Share** Episode 1/3 from Thinkuknow, the NCA-CEOP Command's education programme is appropriate.

*Play Like Share aims to help 7-11 year olds learn how to stay safe online. Please watch it with them.*



<https://youtu.be/NscU1ZHYPDk>

4 - If your children are age 7 - 11 (Y3-Y6) **Play Like Share Episode 2/3** from Thinkuknow, the NCA-CEOP Command's education programme is appropriate.

*Play Like Share aims to help 7-11 year olds learn how to stay safe online. Please watch it with them.*



<https://youtu.be/tQZGA6dsWpo>

5 - If your children are age 7 - 11 (Y3-Y6) **Play Like Share Episode 3/3** from Thinkuknow, the NCA-CEOP Command's education programme is appropriate.

*Play Like Share aims to help 7-11 year olds learn how to stay safe online. Please watch it with them.*



#### **6 - Top Tips for Children 4 to 7 years old**

*These top tips have been written for you (parents and carers) to share, and talk about, with your children. It's never too early to talk about life online!*

#### **Become internet detectives**

Remind your child that not everything they read online is true....

*Whether your child likes games, videos or learning about their favourite dinosaur online, it's important they recognise that not everything they see or hear will be true. Talk about this together or find some examples you could examine as 'internet detectives.' Keep it simple by telling them, "The internet can be great for finding things out, but you need to remember that not everything online is true! Some things might be a joke, an opinion, a mistake, or deliberately untrue."*

#### **Compare with trusted sources**

Help to check online information and content using other websites....

*It is important that your child knows that information online can be put there by anyone! Therefore, because it may be unreliable, they need to check in other places too - to see if other sources say the same thing, or something different. You can do this by looking on at least two other websites, to compare the information. Start by using websites created by organisations that you know and trust, and those that have information specifically created for children.*

#### **Use books and television**

Remind your child they can also fact-check information offline....

*Checking the information that you find online, can be done offline too! Ask your child if they can think of any other places that they can look for information, e.g. by looking in a non-fiction book (e.g. an encyclopaedia), by watching a TV documentary, or by asking someone who knows about the subject. You don't have to do all these things, for every single fact that you find, but it's important to remember that a range of offline options are available too.*

#### **Be aware of strangers**

Talk about who children can and cannot trust on the internet....

*There are a huge range of sites and services that allow communication between users. A good example of this is when it comes to playing online games. Explain to your child that it is safest only to talk to people online that you already know, like your family and close friends. Explore the apps that your children want to use and look for the safety/ privacy settings available – they may include features that allow you to control who your child can interact with. Remember, friends made online are still strangers and so all personal information must be kept safe.*

#### **Reach out for help**

Encourage your child to discuss any concerns with someone they trust....

*Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help.*

Source: Safer Internet Day 2021 Top Tips for use with 3-7s | Safer Internet Centre<sup>2</sup>



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<sup>2</sup><https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2021/safer-internet-day-2021-top-tips/safer-internet-day-2021>

## **7 - Top Tips for 7 to 11 year olds**

*Please have a look at the tips and links below with some suggestions on how to help your children to stay safe and positive online:*

### **Do your research**

Question, evaluate and reflect on the online content you see....

*Remember that not everything online is always what it seems. Information, photos and even videos can be edited, faked or may have more than one motive – like trying to get you to spend money or share your personal information. If something seems odd, or you haven't heard about it before, it's best to do a bit more research.*

### **Check and double-check**

Use other websites and sources to fact-check online information...

*Luckily there's lots of ways to check whether things are trustworthy online. Most importantly look at more than one source – this could include other webpages, videos or offline sources like books and newspapers. Remember there are lots of adults who can support you too – like parents, other family members and teachers.*

### **Stay safe online**

Don't share your personal details or trust strangers online...

*There are some simple actions we can take to help keep everyone safe online – like not sharing personal information. Remember that other people online may not always be who they appear to be, so be sure to check with an adult if you are ever unsure about what to share or who you are chatting to online.*

### **Take positive action**

Help make the internet a more trustworthy and respectful place...

*Remember that the online world is for everyone so always treat others with respect. If you see anything online that worries or upsets you, use the block and report buttons to take positive action to stop it and tell an adult what's happened. By working together, we can make the internet a better, more respectful and more trustworthy place.*

### **Make a difference!**

List the apps and websites you know that feature reliable information ...

*The internet is amazing – there's so much to see, do and learn! If you are ever unsure about something then ask an adult that you trust for some help and advice. Why not make a list together of your favourite apps and websites, including the ones you think are most trustworthy?*

Source: Safer Internet Day 2021 Top Tips for 7-11s | Safer Internet Centre<sup>3</sup>

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<sup>3</sup><https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2021/safer-internet-day-2021-top-tips/safer-internet-day-0>