

Weekly Newsletter

Parents Wellbeing

The third lockdown has, for many, already been tough and I know many of us have already had a 'wobble' this term. Parents are juggling the demands of family, work, COVID and much more. Almost every parent is worried about their child 'falling behind' and this places extra pressure on parents.

Remember, children learn different things at different paces and at different times. Be pleased with what your children learn rather than worrying about all the many things they have yet to learn - that's a huge amount to worry about for anyone. You need to take credit for the activities and games your children normally enjoy and learn a lot from.

Most of all, you need to feel in control and assume the authority to make decisions about what, when, and how your children learn. The BBC lessons and Blue Peter activities (opposite) may come in useful when your child needs a break from their school timetable and you need a few moments to yourself.

Please be kind to yourself and take time to look after your own wellbeing. You may also like to read the article below:

[https://www.bbc.co.uk/bitesize/articles/zrmhscw?xtor=CS8-1000-Discovery_Cards-\[Multi_Site\]-\[SLO5\]-PS_BITESIZE~N~~P_ManageYourWellbeingInLockdown](https://www.bbc.co.uk/bitesize/articles/zrmhscw?xtor=CS8-1000-Discovery_Cards-[Multi_Site]-[SLO5]-PS_BITESIZE~N~~P_ManageYourWellbeingInLockdown)

FOSA Clothing Collection

WHAT WE WILL ACCEPT



WHAT WE WON'T ACCEPT



**Thursday 21st
January - 8am -
10.30am**

Please bring donations to the grass section in front of the main office (Trinity Road). Please follow COVID guidelines.

Please share with family and friends too.

Celebration Assembly

	Stars of the Week	
N	Rowan	Arthur
R	Frankie	Leah
Y1	Audrey	Dylan
Y2	Corey	Esme
Y3	Daisy	Kaidie
Y4	Rebecca	Bethany
Y5	AJ	Vera
Y6	Sophia	Francesca

Class of Week - Y4 and Y6

Headteacher's Award - Joseph G

Support St. Anne's whilst you shop. Join the Co-op:

https://www.coop.co.uk/membership/what-you-get?gclid=EAlalQobChMIpc-u2rCb7glVh7HtCh2ztgMMEAYASAAEgJ4fD_BwE&gcl

You're supporting



Friends Of St. Anne's Primary

BBC Lessons

As a third national lockdown is under way, the BBC is bringing hundreds of educational resources together to help with home-schooling.

Whether on TV, online or on social media, they have lots of brilliant content to help you learn at home.

<https://www.bbc.co.uk/bitesize/articles/zvryp4j>

Blue Peter

Blue Peter have launched [Blue Peter on YouTube](https://www.youtube.com/bluepeter) at CBBC and they are uploading videos to it that are suitable for 5-11 year olds. They have world record breaking challenges, arts and crafts, environmental videos, cooking and baking how tos, inspirational films, gaming, celebrity appearances, dance routines and music performances. They also feature ways of getting a Blue Peter badge, behind the scenes footage and extra content.

<https://www.youtube.com/bluepeter>