

LODDON PRIMARY SCHOOL

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Loddon Primary School

Working together to realise the potential in everyone.

NEWSLETTER NO 10

12th February 2021

Dear Parents/Carers,



House Gems

Congratulations to the following children who have been nominated to receive a Values 'House Gem'.

Rudra H	Turtles	Water	Quality and Understanding
Sarayu K	Octopuses	Earth	Independence, ambition, positivity and quality
Maggie H	Wyvern	Air	Thoughtfulness and caring
Sean D	Wyvern	Earth	Thoughtfulness
Anna D	Hedgehog and Moles	Earth	Determination
Robert D	Hedgehogs and Moles	Earth	Determination
Ayla N	Starfish	Earth	Determination and perseverance
Harry P	Stingrays	Air	Perseverance and determination
Joey R	Phoenix	Earth	Independence, determination and courage
Amelia W	Starfish	Water	Perseverance and quality



After half term all children at Loddon will have the opportunity to take part in the "Art for Research Reading" competition. **Your teachers will plan an afternoon for you to complete your artwork and offer guidance on what to do.** This year's theme is "The Environment".

There is no need for special art materials, you can use whatever you have at home. Over half term you may want to collect some old magazines or paper for collage or start thinking of ideas. If you don't have access to any art materials, please contact your class teacher.

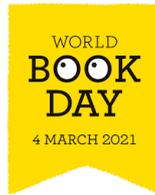
If you would like more information you can visit the website: <https://www.artforresearchreading.com/>

Mrs Henderson, Art Subject Leader

[Art For Research Reading](https://www.artforresearchreading.com/) Art For Research Reading (formerly Young Art Reading) is a brand new local community art competition and exhibition showcasing the creativity of Reading's children and young people while raising money for Cancer Research UK's Children & Young People campaign.

www.artforresearchreading.com





World Book Day 2021

Loddon will be celebrating World Book Day 2021 on Thursday 4th March. All pupils, both at home and at school, are invited to dress up as their favourite book character on the day. (Please note that this is optional.) All children will also have the opportunity to take part in book-related activities during the day. Further information will follow soon! *Miss Baker, English Subject Leader*



PE Challenge – Keeping families on track over half term

Get Berkshire Active are promoting Paula's Two-15 Challenge with Paula Radcliffe who won the London marathon 3 times and set a former world record marathon time of 2 hours and 15 minutes. This is a school holiday activity with simple challenges that complements the work of the School Games across all school age groups. It offers an opportunity for the whole family to complete a minimum of 2 hours and 15 minutes of exercise across the week of half term and to enjoy a safe, fun and competitive activity as a unit together.

You do not need to register to take part, you can just return scores to the school office team after half term who will forward your results to Mr Holloway. More information can be found using the link shown below: <https://getberkshireactive.org/img-20210128-wa0004> *Mr Holloway, PE Subject Leader*



Thank you to everyone who contributed to the Royal British Legion Poppy Appeal in November. We raised £686.52 to support the work of this charity.

Online Half term Drama class for children

Perform 4All are offering half term online drama classes for children. You can read about the classes here: <https://www.perform.org.uk/classes-courses/holiday-courses/fe2021>.

For one hour each day, their warm and friendly team of theatre professionals will inspire and encourage the children as they combine drama, dance and singing into a magical experience. They'll encourage them to project their voices, learn energetic dance routines, sing catchy songs and develop the Perform 4 Cs: Confidence, Concentration, Communication and Coordination. The course costs £60 for the 5 days.

Resources and support for emotional well-being and positive mental health

Supporting loss and bereavement during the pandemic

The outbreak of coronavirus means that many aspects of children's lives are different and they may well feel a real sense of loss due to these changes. School is closed for most, lots of parents are working from home, and you may have been unable to see loved ones for a while. The news is full of talk of the virus and the effect it is having. It is common for both children and adults to have worries and anxieties at this difficult time.



Many children will have questions and worries about the virus, but those who have experienced the death of someone important or who have an ill family member might be particularly worried. If this is the case for your child please let us know so that we can offer you support and discuss what your child needs from us.

The following charities also offer advice in relation to loss and bereavement for children.

<http://www.childhoodbereavementnetwork.org.uk/home.aspx>

<https://www.winstonswish.org/>

<https://www.childbereavementuk.org/>

<https://www.daisysdream.org.uk/>



<https://www.mentalhealth.org.uk/coronavirus>

When emotions explode (Young Minds)

Young Minds have created a useful poster highlighting ways to give support to children when they have angry feelings or outbursts and may help families start a conversation and talk about each other's feelings.

Download the poster here:

<https://youngminds.org.uk/media/4291/when-emotions-explode-poster.pdf>

Supporting Parents Helpfinder (Young Minds)

Times are tough for many people right now. Parents find themselves pulled in many different directions and children may be struggling being in the house for so much longer than usual. A mixture of concern about covid, work from home and children at home, along with a possible financial impact may make for a stressful household.

Young Minds have created a useful 'Supporting Parents Helpfinder'. By answering six questions, parents can find out how to support their child's mental health during the pandemic (and beyond).

Find the help finder here: <https://youngminds.org.uk/supporting-parents-helpfinder/>

At a glance: Resilience helps kids cope with challenges, it isn't just bouncing back, and resilience can be taught.

https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids?utm_medium=email&utm_source=newsletter-en&utm_campaign=evergreen-feb21-fm&utm_content=send

At a glance: kids who use negative self-talk over and over may be frustrated or anxious about something specific - even if the comments seem vague.

https://www.understood.org/en/friends-feelings/empowering-your-child/self-esteem/child-negative-self-talk?utm_medium=email&utm_source=newsletter-en&utm_campaign=evergreen-feb21-fm&utm_content=send

At a glance: Download some great worksheets to help your child build a growth mindset.

https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/covid-crisis-child-build-strengths?utm_medium=email&utm_source=newsletter-en&utm_campaign=evergreen-feb21-fm&utm_content=send

Please note: You can access more information for support on our school website under Parent Partnership/Parent Support Advisor.

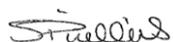
Free Parent Home Schooling Support from Prospect Info - We have been asked to let you know about services currently being offered to families by Prospect info. They can provide support such as free A4 and A3 colour printing, free IT support for your devices as well as a community of local parents. They also offer a hub of fun learning resources and weekly parent treat giveaways.

If this is of interest you can post on their Facebook page, [Home Schooling in the Home Counties](#), with any documents you require and the documents will be available for contactless collection or delivery from your nearest Prospect office in as little as 15 minutes. Their IT support team can give advice or diagnostics over the phone and can even repair old personal laptops. No charges, to help with Lockdown 3.0 and home schooling during this unusual time. To access their resources, free printing and IT support, giveaways and more, click the link: <https://www.facebook.com/homeschoolingparentsupport>

Please note, this is a free service for local families. Whilst they are happy to provide virtual support for your children, they ask that a parent is present at all times. All staff are COVID compliant and operating under strict safety regulations. They are GDPR compliant so data will never be shared without your permission.

Kam Bhogal, Parent Support Advisor

Yours sincerely,



Mrs S Phillips - Headteacher

Diary Events List: Spring 2021

Date	Time	Event
15-19 Feb 21	All week	Spring Half term holiday - school closed and no remote education this week
22 Feb 21	All day	INSET day - School closed for staff training and no remote education today
23 Feb 21	All day	Pupil Spring term continues - Essential workers and vulnerable children bubbles continue on site. All other children remote education until further notice.