



Support for  
all from the  
**Essex  
Wellbeing  
Service**

The Essex Wellbeing Service are here to support families across Essex with a variety of information, advice, guidance, and support across a range of health, wellbeing and day to day needs.

Contact **0300 303 998** or visit  
**[www.essexwellbeingservice.co.uk](http://www.essexwellbeingservice.co.uk)**  
for more information.



Essex County Council