



Family Support Virtual Drop-ins For parents at High Beeches

Being a parent can be rewarding and great fun but there are also 'ups and downs'. There is no set of instructions for parenting but we can help you by offering a free slot to speak to a Family Support Worker in confidence.

- Do you have any questions about supporting your family?
- Would you like some suggestions of where to get expert help?
- Do you need help with boundaries and routine?
- Would you like ideas for communicating with your child?
- Do you need advice on dealing with challenging situations?

1:1 Advice Sessions via Zoom
Monday, 22nd March 2021 from 12.30-2.30

Beth Hughes, Family Support Worker from Harpenden Plus Partnership, will be holding free 15 minute 1:1 advice sessions on Zoom. Booking details below:

Bookings for these 15 minute sessions will be taken by emailing
bhughes@saunceywood.herts.sch.uk
Or calling 07506 235993

All information is correct at the time of going to press, but may be subject to change.