

# Essex ACTIVate

Active Essex is offering a range of ActivAte clubs over the Easter holidays!

These clubs are completely **free for young people** who are **eligible for benefits based free schools meals** or **working families** who need **additional support**. Clubs will include **fun activities**, including **sports** and **arts & crafts**, for **4 hours a day over 8 days** of the holidays. Plus every child will get a **healthy, tasty lunch!**

## Mental Wellbeing Hub

Delivering **supported activities** over **shorter sessions**, in **smaller groups**. Activities will be **sensitive** to the children's needs, focusing on **gentle social transition** and **copng exercises** to help with the move back to community engagement.



## SEND Activity Hub

There will be **SEND Hubs** across Essex, delivering **specialist workshops**. These will provide **coaching** and **inclusive physical and enrichment activities** for SEND pupils, to ensure they get the **best** out of their Easter Holidays. Use the link below to book a place.

## Local Activity Clubs

Our holiday clubs, run by **locally trusted organisations**, offer a range of **physical and enrichment activities** for children across Essex. Ensuring they have a **fun, memorable and healthy** Easter break.



All activities will be delivered within government guidelines, and children will be placed in a 'bubble' for the

If your child is eligible but does not require this additional face to face support, then we are pleased to also be offering **fun virtual activities, activity packs and food support**.

For more information please head to [www.activeessex.org/activateeasterbooking](http://www.activeessex.org/activateeasterbooking)

