



Headteacher  
Mr. Dale Bateman

## Coopersale and Theydon Garnon C. of E. V.C Primary School

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Monday 26<sup>th</sup> April 2021

Dear Year 5 Parents and Carers,

As you may remember, Relationship and Health Education (RHE) Curriculum became compulsory for schools to teach from September 2020. With this change, parents are not able to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty).

Next week, Year 5 will take part in RHE lessons, that cover the statutory Science and Health education topics of:

- Puberty - changes in both girls and boys
- Menstruation
- Wet dreams

To assist you in follow up conversations with your child, we would like to invite you to our virtual parent information session, held this Friday 30<sup>th</sup> April at 1pm. During this presentation, we will explain the sessions covered across the week, and share with you all resources being used. Please contact the front office if you would like to attend, and we will send a Microsoft Teams invite to you.

To confirm, the lessons will not cover any topic of Sex Education, including sexual intercourse.

Kind regards,

Mr Dale Bateman  
Headteacher