

Chetwynde Newsletter

PSHE



Chetwynde
School

Personal, Social, Health and Economic Education

Summer Term 2021

Hello and welcome to our PSHE newsletter.

Every term we will keep you up to date with the upcoming PSHE programme for each year group. We will keep you informed of local, national and international PSHE news, information and contact details of organisations you might find useful. Please feel free to email any questions to me – Alison Currie, Head of PSHE Chetwynde School, a.currie@chetwynde.cumbria.sch.uk



Mrs Alison Currie Head of PSHE

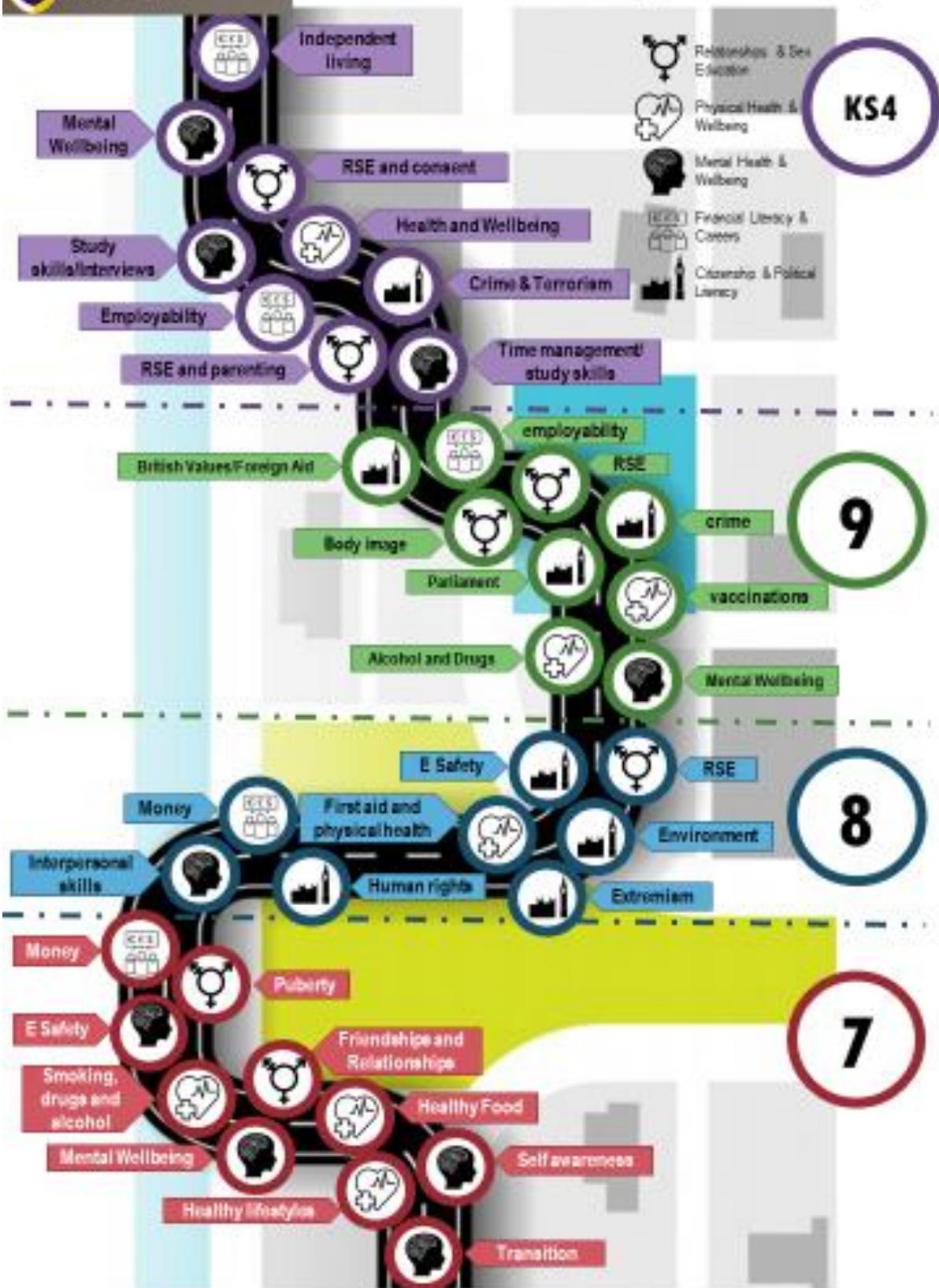
The aims of personal, social, health and economic (PSHE) education in our school are to provide pupils the knowledge, understanding and skills they need to manage their lives now and in the future.

Did you know that you can access information about our PSHE department on our school website?

Just visit <https://www.chetwynde.co.uk/curriculum-1/secondary/senior-curriculum/pshe-1>

#CHOOSECHETWYNDE

PSHE Progression Map



During the summer term our Secondary students will continue exploring the three main themes of Healthy Lifestyles, Relationships and Living in the Wider World.

Year 7

Alcohol, Nicotine and Drugs. Cyberbullying. Keeping Safe Online. Puberty. Keeping Safe Online. Money and Finances

Year 8

Cancer awareness. Personal Safety and First Aid. Extremism and Radicalisation. Pornography and addiction. Domestic Conflict. FGM and Breast Ironing. British Values

Year 9

Relationship and Sex Education. Peer Pressure. British Values, Religion and Culture.

Year 10

Anti –Social behavior. Why do people become terrorists? Harassment and Stalking. Conflict Management

Year 11

Relationship break ups. Identity and Diversity. Reproductive Health.

What our students say about their PSHE lessons...

“In our PSHE lessons we are all able to talk freely about our life/life challenges”

“I find lessons interesting and I learn new things”

“As humans we are responsible for everything and anything. We can change the world with our voice and bring equality into the spotlight”

“It teaches me about the things I value the most and my responsibilities on this earth”

“PSHE teaches us to be kind to everyone even if they are not kind to you”

“It teaches us about the online world and outside world, it teaches us about the dangers around us and how we can deal with them”

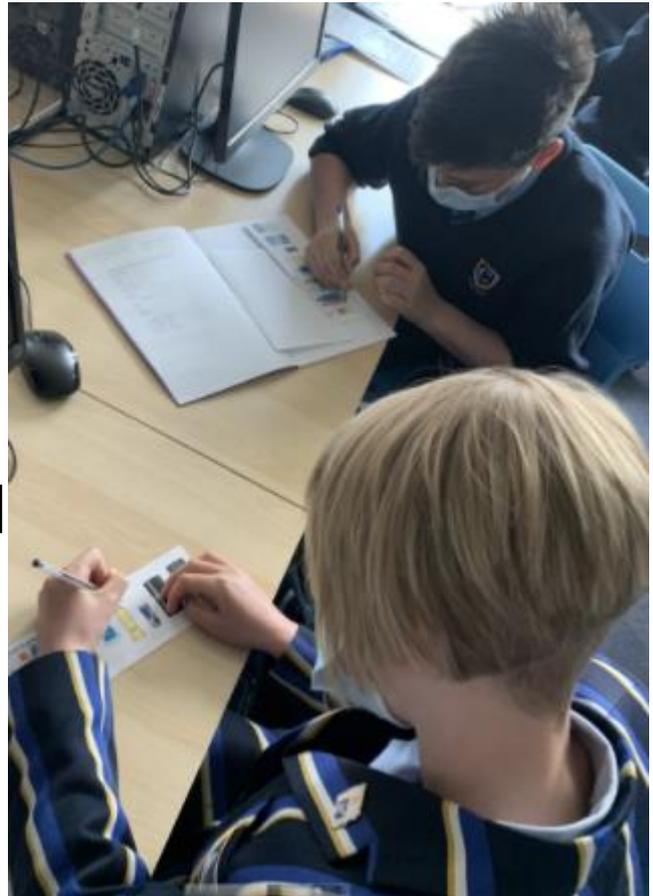
“PSHE taught me to be a better human being”

“PSHE is good for your mental health and well-being”



Year 8 students practising their teamwork skills.

Year 7 have been learning about the dangers of alcohol and which household products it can be found in.



Statutory Relationships Education and Health Education came into effect at key stage 1 and 2 from September 2020, as did Relationships, Sex and Health Education at key stage 3 and 4. This statutory content makes up the majority of schools' PSHE education.

Chetwynde has already implemented a programme of study which meets and exceeds the statutory requirements and also incorporates the national curriculum for citizenship, but many other schools are still working towards being ready due to enormous pressure and challenges of the pandemic. The Department for Education therefore gave more time and advised that schools had until the beginning of the summer term to be prepared.

The DfE have clarified their expectations of schools in relation to implementing statutory RSHE: 'We are aware of the unique pressures that schools are facing this academic year, and the difficulties that they may have in teaching some RSHE content remotely. We know that many schools have been providing excellent RSHE teaching during this academic year and that, where this has been possible, it will have had benefits for pupils and supported their mental health during this challenging period. We also appreciate that some schools may struggle to offer a comprehensive RSHE curriculum this year, which covers everything in the Department's statutory guidance, and we would like to reassure schools that it is for them to decide what can reasonably be achieved within the confines of their statutory duties.'

The law requires schools to provide some relationships, sex and health education to all secondary age pupils in the academic year 2020/21, and to provide some relationships and health education to all primary age pupils. Schools are also required to publish a Relationships and Sex Education (RSE) policy and to consult parents on this. In all teaching, we expect schools to comply with relevant legislation. We are aware however that for many schools, development of a fully comprehensive relationships education/RSE policy and RSHE curriculum will be an iterative process, which will need to continue into next year. Detailed curriculum planning will be required to consider how the RSHE subjects relate to and are supported by other subjects within the curriculum, including science and citizenship, and it is important that schools take the time to get this right. Engagement with parents on the school's RSE policy could be delivered online and does not necessarily need to be in person, and we are aware that many schools have been able to do this effectively. Some schools may choose to focus this year's RSHE teaching on the immediate needs of their pupils, introducing a more comprehensive RSHE programme in September 2021. Teaching in the 2021/22 academic year should seek to address any gaps in pupils' RSHE education this year. Teachers and school leaders know their pupils best, and with the additional pressures of Covid-19 and home learning, we encourage schools to prioritise RSHE content based on the needs of their pupils, with particular attention to the importance of positive relationships, as well as mental and physical health.'