



Headteacher  
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## Coopersale and Theydon Garnon C. of E. V.C Primary School

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### FOR PARENTS OF CLOSE CONTACTS OF COVID19 at COOPERSALE AND THEYDON GARNON C.E PRIMARY SCHOOL

#### Notice for **YEAR 2 PUPILS** to Self-Isolate for 10 Days

Dear Parent,

As part of our weekly Lateral Flow Testing process, there has been a confirmed case of COVID-19 within the school.

We have followed our contact tracing process and identified that your child has been in close contact with the individual who has tested positive for COVID19. In line with the national guidance we request that your child now stays at home and self-isolates until **Tuesday 13<sup>th</sup> July 2021**

National guidance stipulates that anyone who tests positive via lateral flow testing needs to have this result confirmed via a PCR test. If this follow-up PCR test is negative the individual and any close contacts can end their isolation and return to school. This process is currently underway and if the confirmatory PCR test result is negative we will inform you immediately and your child will be able to end their isolation period and return to school.

False positive test results are very rare and so it is important that your child adheres to the self-isolate rules unless advised otherwise.

We are asking you to do this to reduce the further spread of COVID19 to others in the school and wider community. It is very important that this request is complied with.

#### Financial Support

We realise that self-isolation may cause some difficulties for families with work and childcare or caring commitments. Financial support is available for some individuals who are required to self-isolate by NHS Test and Trace, or who are parents/guardians of a child who has been told to self-isolate.

If you are eligible for either the Test and Trace Support Payment or a discretionary payment, you will receive £500 in addition to any benefits and Statutory Sick Pay. Guidance on applying for this support can be found here: <https://www.gov.uk/government/publications/test-and-trace-support->



[payment-scheme-claiming-financial-support/claiming-financial-support-under-the-test-and-trace-support-payment-scheme](#)

## Remote Education

During this period of isolation, we will provide remote learning for Year 2 Class via our website. This will begin from Tuesday 6<sup>th</sup> July 2021. More details will be shared on Monday 5<sup>th</sup> July 2021.

If your child is well at the end of the 10-day period of self-isolation, then they can return to usual activities, including returning to school.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10-day self-isolation period.

Further guidance for those who have been identified as a close contact of someone with confirmed coronavirus (COVID-19), but do not live with that person, can be found here: <https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the day after their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day period starts from the day after the first person in the house became ill.

Household members should not go to work, school/college or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

## Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)



## For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

With kind regards.

Yours sincerely

Mr Dale Bateman  
**Headteacher**

