

MENU 1

w/c

06 SEP

MONDAY

[K] SPAGHETTI BOLOGNAISE

OR

[K] [V] SPAGHETTI NEAPOLITAN

Garlic Bread and Mixed Vegetables

FRESH FRUIT OR YOGHURT OR

[K] Orange Shortcake and Custard

18 OCT

TUESDAY

[K] STICKY CHICKEN

Vegetable Noodles and Sweetcorn

OR **[V] JACKET POTATO**

Cheese and Coleslaw

FRESH FRUIT OR YOGHURT OR

[K] Chocolate Sponge and Chocolate Custard

06 DEC

WEDNESDAY

GAMMON AND PINEAPPLE

OR **[V] QUORN ROAST**

Oven Baked Sauté Potatoes, Cauliflower and Broccoli Cheese

FRESH FRUIT OR YOGHURT OR

[K] Oaty Biscuit and Fruit

10 JAN

THURSDAY

[V] MARGHERITA PIZZA

Garlic Wedges and Baked Beans

FRESH FRUIT OR YOGHURT OR

Arctic Roll and Peaches

31 JAN

FRIDAY

BREADED FISHCAKES AND TOMATO SAUCE

OR **[K][V] CHEESE AND ONION POTATO SKINS**

Chips and Garden Peas

FRESH FRUIT OR YOGHURT OR

[K] Banana Muffins

MENU 2

w/c

13 SEP

MONDAY

[K] PIZZA PASTA BAKE

OR **[K] [V] PIZZA PASTA BAKE**

Crusty Roll, Peas and Sweetcorn

FRESH FRUIT OR YOGHURT OR

[K] Melting Moment and Strawberry Milkshake

04 OCT

TUESDAY

[V] VEGGIE MEATBALLS IN TOMATO SAUCE

Steamed Rice and Mixed Vegetables

FRESH FRUIT OR YOGHURT OR

[K] Eve's Pudding and Custard

01 NOV

22 NOV

13 DEC

WEDNESDAY

ROAST CHICKEN

OR **[V] QUORN ROAST,**

YORKSHIRE PUDDING GRAVY

Mashed Potato, Baby Carrots and Green Beans

FRESH FRUIT OR YOGHURT OR

Raspberry Mousse and Fruit

17 JAN

07 FEB

THURSDAY

PULLED PORK IN A SOFT BUN

OR **[V] ROASTED**

VEGETABLE WRAP

Cajun Wedges, Coleslaw and Vegetable Sticks

FRESH FRUIT OR YOGHURT OR

[K] Chocolate Crunch and Chocolate Custard

FRIDAY

JUMBO FISH FINGER AND TOMATO SAUCE

OR **[V] VEGETABLE NUGGETS AND TOMATO SAUCE**

Chips and Garden Peas

FRESH FRUIT OR YOGHURT OR

[K] Lemon Drizzle and Custard

MENU 3

w/c

20 SEP

MONDAY

SAUSAGE AND ONION GRAVY

OR **[V] VEGETARIAN SAUSAGE AND ONION GRAVY**

Mashed Potato, Baby Carrots and Broccoli

FRESH FRUIT OR YOGHURT OR

[K] Madeline Sponge and Custard

11 OCT

08 NOV

TUESDAY

[K] [V] ROASTED VEGETABLE LASAGNE

Oven Bakes Wedges and Sweetcorn

FRESH FRUIT OR YOGHURT OR

[K] Chocolate Krispie Slice and Mandarins

29 NOV

03 JAN

WEDNESDAY

[K] CHINESE STYLE PORK

OR **[K] [V] SWEET AND SOUR**

VEGETABLES

Rice, Broccoli and Mixed Vegetables

FRESH FRUIT OR YOGHURT OR

[K] Frosted Chocolate Cake and Custard

24 JAN

14 FEB

THURSDAY

[K] BRAISED STEAK AND

YORKSHIRE PUDDING

OR **[V] QUORN ROAST AND**

YORKSHIRE PUDDING

Oven Roast Potatoes, Baby Carrots and Cauliflower

FRESH FRUIT OR YOGHURT OR

Cheese and Biscuits and Apple

FRIDAY

FILLET OF FISH AND TOMATO SAUCE

OR

[K][V] CHEESE PASTA BAKE

Steak Fries and Garden or Mushy Peas

FRESH FRUIT OR YOGHURT OR

[K] Toffee Apple Crumble and Custard