



Anti-Bullying Newsletter

Summer 2021



Logo by Adrian

We would like to say thank you to everyone for your continued support and energy to help us build on the Anti-Bullying work in school over the year. We wish you all a good summer break and look forward to seeing you all back in September!



The Diana Award

Anti-Bullying Definition:

“REPEATED NEGATIVE BEHAVIOUR THAT IS INTENDED TO MAKE OTHERS FEEL UPSET, UNCOMFORTABLE OR UNSAFE.”

Anti-Bullying 2020/2021 Update

In the Spring Term we:

- surveyed parents and carers for feedback to use for the Bronze ABQM-UK award.
- trained Anti-bullying Ambassadors across Years 3, 4 and 5 to join our Ambassadors in Year 6.
- focused on children’s mental health and wellbeing, including positive relationships and inclusion.
- completed the follow up wellbeing surveys in Years 5 and 6 for the Inspire Research Project with the Anna Freud Centre.
- worked on the children’s safer Internet awareness including cyberbullying.
- delivered NSPCC *Speak Out Stay Safe* assemblies to KS1 AND KS2.

In the Summer Term we:

- underwent the final Bronze Quality Mark evaluation visit from the ABQM-UK following on from the evidence we submitted in the Spring 2020 covering our work since 2019.
- signposted Mental Health Awareness Week in May and Wellbeing Week in June.

In the Autumn Term we will:

- Raise Awareness of Anti-bullying Week.
- Focus on ‘Kindness’.
- Hold an Anti-Bullying Steering Group Meeting.
- Promote Black History Month
- Start work towards the ABQM-UK silver quality mark criteria.

Anti-Bullying Bronze Quality Mark

Evaluation Statement:

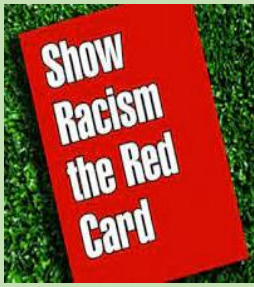
'The Anti-Bullying Quality Mark is a national scheme which shows how good schools are at preventing bullying. It challenges schools to set up effective and sustainable anti-bullying policies and strategies and make them part of their everyday life.'

Gordon Primary School achieved the ABQM-UK Bronze Award because staff, pupils, parents and Governors demonstrated that anti-bullying is a whole school priority in which they all play an active role. Pupils are actively involved in the development of anti-bullying in the school. As a result of their work, the school has established a range of approaches to make sure that students feel safe and included.

We would like to congratulate everyone in school on this achievement and we are inspired to keep building on this work and now to strive towards achieving the ABQM-UK Silver Award. We are very keen to involve parents on this work so please contact Ms Newlove lnewlove@gordon.greenwich.sch.uk if you have any ideas or suggestions or if you would like to join the Anti-Bullying Steering Group. This group meets once a term.

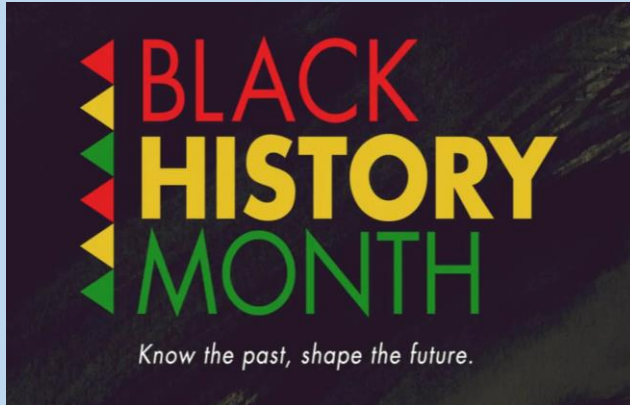
**See it.
Speak Out.
Be supported.**





We will be supporting
Wear Red Day
Friday 22nd October
to
**Show Racism
the Red Card!**

October is Black History Month



Key Stage 1: Watch the story **Mixed** by Arree Chung. (click the link)

<https://www.youtube.com/watch?v=mn0ep5u0kZo>

MIXED

A Colorful Story



Arree Chung

Anti-Bullying Ambassadors

Since the **Diana Award** training in March the Anti-Bullying Ambassadors have made two assembly films to promote anti-bullying in school and organised a 'Colourful Day' to promote diversity. The films have given them an opportunity to share their learning from the **Diana Award** training and to promote being an upstander to bullying.

Year 3 Ambassadors in **Octopus Class** encouraged classmates to make flag bunting to represent themselves and their individual differences.

Year 5 Ambassadors in **Seahorse Class** have made an Anti-bullying bear mascot and are planning to make some anti-bullying story clips for the younger children in KS1 using the bear to promote kindness. You might see the bear popping up around the school!



Remember **V.I.P.** to recognise the different types of bullying:

- **Verbal** repeated negative, intentional speech or sign language such as name calling, hurtful or offensive words, swearing
- **Indirect** repeated, negative, intentional actions - leaving someone out, rumours, cyber-bullying, stealing or damaging someone's property
- **Physical** repeated, negative intentional use of body contact to hurt; e.g. kicking, hitting, slapping, inappropriate touching or spitting



BLACK LIVES MATTER

Click here to find a list of recommended books to help children understand **Black Lives Matter**:

<https://www.booksfortopics.com/black-lives-matter>

World Music Day, COLOURFUL DAY and LGBT Pride

We celebrated World Music Day alongside the Anti-Bullying Ambassadors 'Colourful Day' on 21st June. This was an opportunity to celebrate diversity and promote kindness to self/others. All the classes voted on a Class Anthem promoting belonging and making a fantastic Gordon School Playlist with inspirational lyrics and feel good songs. Thank you, Mrs Hagerty for supporting the children!

To celebrate LGBT Pride we explored different types of families and concluded that love is a positive force that enhances life and holds people together.

A group of year six pupils have been very fortunate to work with our nominated Anti-Bullying School Governor, Jackie Prouse to write an Anti-bullying rap. They have done an amazing job and produced a fantastic song that we will record across the whole school next term.

A huge Thank You to Jackie and these pupils for making such a powerful song to promote anti-bullying at Gordon School.



Anti-Bullying Steering Group

We are looking for parents/carers to join our current Anti-Bullying Steering Group.

The group meets once a term bringing together parent/carers, staff, governors and pupils to share ideas to steer the Anti-Bullying work in school.

A diverse and inclusive parent/carer voice is hugely important to us so please get in touch if this is something you might like to be involved in.

We are keen to develop a variety of ways to involve parent/carers so please let us know if you have any suggestions for development.

Please contact Ms Newlove for further information.

lnewlove@gordon.greenwich.sch.uk

Get involved and Make a difference!

The Green

We would like to make a code of conduct for playing football on the Green using some of the children's suggestions. We would like to know their thoughts around how to play successfully in a team and make some visual reminders.

Share your ideas with your class Anti-bullying Ambassadors or write down/draw your suggestions for the Anti-Bullying Post Box.

Thank You

We would like to say a very big **Thank You** to parent **Kirsten Stewart** for all her support and commitment to the Anti-Bullying Steering Group. Her involvement has been hugely appreciated.

Thank you!

Post Box Idea

As a Rainbow Ambassador activity, classes can make a diversity bunting. Everyone draws a picture of themselves on a separate flag and writes what they like to do. They are connected with string. This shows we are different (separate flags) and the same (connected with string).
- Rosa Whale Class

Thank you to Rosa for this lovely idea. We will put this into action across the school at the start of the new school year in September!

Anti-Bullying Week 15th-19th November 2021



The Theme for this year's Anti-Bullying Week is **One Kind Word**

Make sure to let the Anti-Bullying Ambassadors know if you have any ideas to build on this theme in school or to send examples and ideas to the Anti-Bullying Post Box.

The week will start with Odd Sock Day on **Monday 15th November**.

Express your individuality through your socks



Help and resources as DontFaceItAlone.com

We will continue to raise awareness of the importance of mental health and to keep building on the children's growing understanding of The Zones of Regulation in school.



We have worked on these over the past year and this does seem to be helping children to recognise feelings in themselves and others. Children are identifying strategies that help them to regulate emotions in the different zones.

Anti-Bullying Post Box

We would love you to share your ideas to build on the **One Kind Word** theme for Anti-Bullying Week 2021 or anything else around anti-bullying. These can be put in the Post Box in the Middle Hall, emailed to [Ms Newlove](mailto:MsNewlove@gordon.greenwich.sch.uk) lnewlove@gordon.greenwich.sch.uk or given to the Anti-Bullying Ambassadors. Thank you!

You can't always tell how someone is feeling



Remember:

- **Words can hurt and it is important to be kind (face to face and using technology)**
- **Notice how someone is and ask if they're ok**
- **Speak to an adult if you are feeling worried**

Safeguarding If you have concerns regarding a child's well-being, care or safety, including bullying, please contact a member of our Child Protection Team: Mr Taylor, Mrs Cuesta, Mrs Black, Ms Newlove or Ms May. Alternatively, call the NSPCC on – 0808 800 5000.

