



Swimming Lessons



The KAL Swim Academy is based on the Amateur Swimming Association Scheme. The ASA's National Plan for Teaching Swimming Provides stage 1-7 and stages 8-9 and 10 (discipline specific) for children to progress at their own pace and become confident, competent and safe in the water.

Classes Available—Ducklings 6 months to 5 years, Stages 1– 10 , bronze, silver, gold, Rookies, Crash courses, Adult Lessons, swimfit and 1-1 lessons

Junior Swimming Lessons— £19.95 per month
Adult Lessons—10 lessons for £20

Contact Reception on 01924325020

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KAL Swim