



## Forest School

At All Souls' C.E. Primary and  
Nursery School

**Forest School** is an idea from  
Scandinavia where lessons in an  
outdoor setting are an established  
part of education.

Staff at All Souls' have developed areas in which to host Forest School. The area is used as an outdoor classroom where children have weekly sessions, with appropriate activities planned.



Prior to taking part in Forest School we ensure

- Staff are trained to National College standard, including first aid.
- Routines for safety are established
- Boundaries for behaviour are set
- Hygiene requirements are addressed
- Clothing is adequate
- Weather is appropriate



The main philosophy of the initiative is that children will learn about using their own initiative to solve problems and cooperating

with others, while exploring risk taking in a supervised and supportive environment.



**The Aim of Forest School** is to nurture and inspire individuals through positive experiences and participation in meaningful and motivating activities, with achievable tasks and individual success. By using a woodland environment the children are encouraged to develop personal, social and emotional skills while being introduced to new challenges in a supportive setting.



This approach has strong links with Government's **"Every Child Matters"** agenda as it relates to the five outcomes

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being



Examples of activities offered are:

- raising awareness of sustainability - seed collection, pruning, use of materials
- building natural habitats for wildlife

- den building in teams using natural materials
- using natural materials for art and craft
- devising and following trails

Parents are asked to

- Reinforce the learning that has taken place by asking children about their activities and extending experiences
- Ensure appropriate clothing is worn
- Check regularly that children's wellies are named and fit correctly



If you have any concerns please contact staff who will be happy to answer your questions.

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