

Thorne Brooke Primary School

ANTI-BULLYING POLICY



Written by Miss Dewick in partnership with Thorne
Brooke Primary School Council.

What is an Anti-Bullying policy?

At Brooke Primary School we believe that every child has the right to work and play in a safe and happy environment. We therefore believe that bullying has no place whatsoever in our school. This policy aims to inform all members of our school of what bullying is, how it will be dealt with and how it can be prevented.

As a team we can beat bullying!



What is Bullying?

Bullying is when one person or a group of people intentionally hurt another person. This can be done in many different ways:

- **Emotional abuse**

This is where someone is treated unkindly by leaving them out of games, ignoring them on purpose and been tormented by others.



- Physical abuse

Physical abuse is where someone is hit, punched, kicked, pushed or any kind of physical, aggressive contact.



- Verbal abuse

This is where a person is called names, threatened and made to feel bad.



- Racial/Religious abuse

This is when someone is picked on because of where they come from, because they speak differently or because they have different beliefs to others.

- Cyber abuse

Cyber abuse can occur in chat rooms, via instant messaging, emails and the use of mobile phones to text or call.



Remember – It is not bullying if two children just fall out with each other!

How can bullying be prevented?

At Brooke Primary School we aim to prevent bullying from taking place. To do this we:

- Promote a school ethos which encourages positive attitudes towards others no matter who they are.
- Provide a safe environment for children to work and play in.
- Have a consistent behaviour policy which is enforced by all members of staff.
- Have discussions that raise awareness and an understanding of the issues surrounding bullying as part of assemblies and during our class circle time.
- Take part in an Anti-Bullying week once a year.



Possible signs and symptoms of bullying are:

A child may indicate that he or she is being bullied by displaying certain behaviour or signs. It is important that we are all aware of these possible indicators and that we take note if a child:

- is frightened of walking to or from school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or " go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money / lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

What will happen to a child who is found to be bullying?

- The child will be asked to apologise to the victim of their bullying.
- Their behaviour will be recorded in their class behaviour log.
- Staff will try and guide the child to behave in a more positive manner towards others.
- In more serious cases, the child will be suspended and expulsion may be considered.
- The child's behaviour will be monitored to ensure that he/she does not bully again.



What should you do if you know someone is being bullied?

- Do not retaliate to the bullies; this may make the problem worse. Instead...

Tell, Tell, Tell!

- You should tell someone that you trust. This could be a teacher, a parent or a friend.

