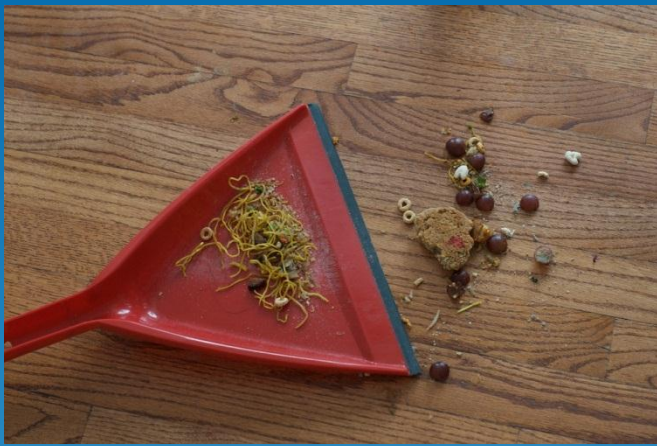


# TABLE MANNERS! 6 TIPS



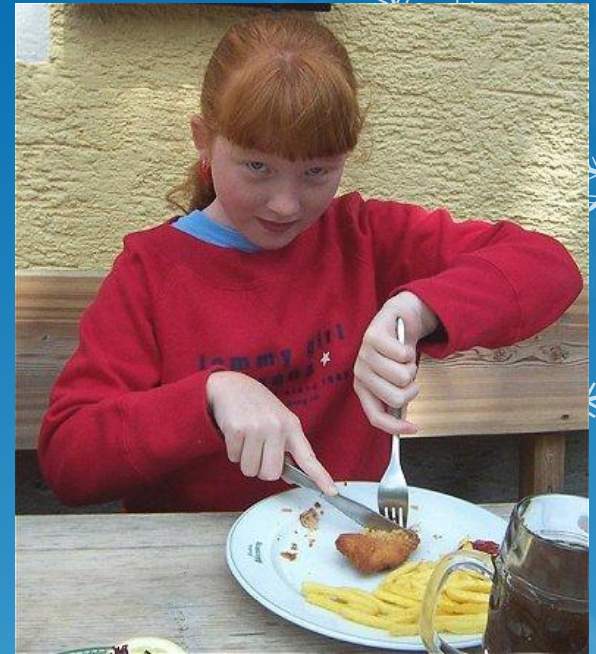


Come to the table with  
clean hands



Lean over the table while eating.

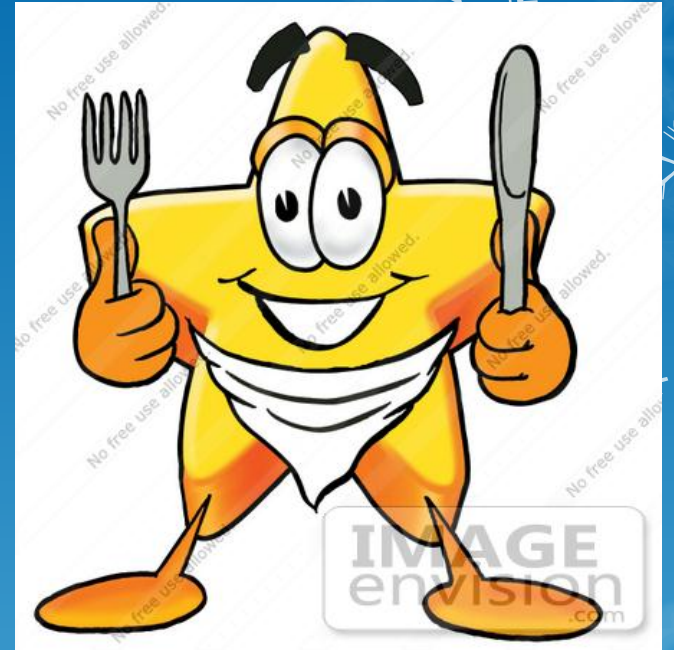




Keep elbows (and other body parts!) off the table while eating.



Don't talk with your  
mouth full of food.



For most food, hold your knife and fork. (Knife in strong hand, fork in weak hand.)



Don't reach across  
the table