

PE UNIT PLAN 2014-2015 YEAR 3

	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
GAMES	Netball skills	Football skills	Rugby skills	Tennis skills	Batting skills	
GYM	Key Steps Gymnastics		Unit L Stretching, curling and arching		Unit O Travelling with change of front and direction	
DANCE		Dance		Dance		
ATHLETICS						Athletics x2
OUTDOOR & ADVENTURE ACTIVITIES					Dolphin Centre Day	Orienteering

Games and Gym based on Val Sabin Scheme of work