

St Philip's Church of England Primary
We love to learn. We learn to love. We love and learn together

Leeds Road,
Nelson
Lancashire
BB9 9TQ

Tel: 01282 614463 MOB: 079829 72566 FAX: 01282 611823
Email: head@st-philips.lancs.sch.uk www.st-philips.lancs.sch.uk



21st November 2014

Dear Parents / Carers

As part of our drive to improve healthy options at lunchtime we are going to provide 'Taster Sessions' during the first week of each month starting in December 2014. ALL children, whether having packed lunch or school dinners, will be encouraged to try something new. Please ask your child what they have tried each month.

In addition, children with packed lunches will no longer be allowed to bring in full size chocolate bars i.e. Mars, Cadburys Milk Chocolate etc. Small chocolate covered biscuits are acceptable i.e. Club, Penguin or mini rolls etc.

Fridays are 'Treat Days' where pizza and chips are served and we would encourage children having packed lunch to save their treats for Friday too. This would include crisps, packets of cookie biscuits etc.

If you would like to discuss any of the above or have any suggestions how to promote healthy lifestyles choices then please speak to Mrs Graham or Mrs Cunningham. We hope you will support us in promoting healthy food choices at lunchtime. Please find attached a leaflet which includes information about taster recipes.

Mrs Graham & Mrs Cunningham



St. Philip's C of E Primary School

